

EVENTS IN PREPARATION FOR THE TOKYO 2020 OLYMPIC GAMES

In the Tokyo 2020 Olympic Road Race, the world's top cyclists will race at full speed in the 11.8km city course which is the longest one in Tokyo. Tama City is promoting "Support the Players Project" for all the local residents to fully support the players from around the world. In this connection, many events will be held for everyone to get to know the road racing in a fun way. Please come and enjoy the event.

▽Date/Time: Sat., June 22 11:00~12:30 Okurigawa-Karugamo-kan 15:00~16:30 Karakida Shobu-kan
Sun., June 23 10:00~11:30 Hijiri-kan ※You may enter and leave the hall as you please.

15:00~16:30 Kaidori Kobushi-kan

▽Contents: A talk show by the former road race player, a city course (only a part) virtual cycling using stationary bike, a panel exhibit and more.

▽Inquiries: Secretary and Public Relations Section ☎042(338)6812

Let us give our supports!

<Tokyo 2020 Olympic Cycling Event Road Race>

Saturday, July 25, 2020 = Men Sunday, July 26, 2020 = Women

<Tokyo 2020 Test Event>

「READY STEADY TOKYO—Cycling (Road)」

Sunday, July 21, 2020 = Men's Road Race



TRANSMISSION DRILL ON EARTHQUAKE EARLY WARNING

▽Date/Time: Tuesday, June 18 Around 10:00 am

▽Procedure: An earthquake early warning will be broadcast from 114 places of emergency wireless systems in the city simultaneously. ※It might be cancelled depends on the weather condition.

▽For inquiries: Disaster Prevention & Public Safety Section ☎042(338)6802

※Please refer to the official website of Tama City for details.

SUPPLIES FOR DISASTER PREPAREDNESS

In preparation for sudden occurrence of disaster, the city acts as an intermediary when purchasing emergency supplies from the supplier.

▽Period: Until Tuesday, March 2020

▽Samples on display: In front of the Disaster Prevention & Public Safety Section, 2F City Hall
August 1 (Thu.) ~30 (Fri.) = Lobby, 1F City Hall

▽Pamphlets available at the following: Disaster Prevention & Public Safety Section, Tama Center city office branch, public halls, libraries, welfare centers for the elderly, community centers and *Mikata no Mori* Community Hall

▽For inquiries: Disaster Prevention & Public Safety Section ☎042(338)6802



PREVENT DISASTERS CAUSED BY LANDSLIDES

During the rainy season and typhoons, the ground loosens due to long-duration heavy rainfalls. Always check the safety around your house, shore up dangerous stone walls and soil retaining walls, improve rainwater drainage, and please keep safety measures in mind.

▽For inquiries & counseling: *Tokyo-to Tama Kenchiku Shido Jimusho Kaihatsu Shido Daini-ka* (Tokyo Tama Architectural Guidance Office) ☎042(364)2386

Urban Planning Section, City Hall ☎042(338)6866

Disaster Prevention & Public Safety Section ☎042(338)6802

Co-sponsored by Seki-Ichi Tsumugikan and Tama City Public Halls

FUN SCIENCE EXPERIMENT AT TSUMUGIKAN!

MAKE RECHARGEABLE MINI CARS AND LET THEM RUN!

- ▽Date/Time: Sunday, July 7 1:30pm~3:30pm ▽Place: Dai-2 Meeting Rm., Seki-Ichi Tsumugikan
▽Eligible: Primary students ▽Capacity: Limited to 20 (In order of arrival) ▽Fee: 1,000 yen (materials fee)
▽Teacher: Hajime Taniguchi, Gunji Kimura (*Denki Rika Club* =Electricity & Science Club)
▽Application & inquiries: From Friday, June 7 *Seki-Ichi Tsumugikan* ☎042(375)5566 Fax042(375)6602

INFORMATION FROM THE CONSUMERS' ADVISORY OFFICE

I cannot unlock the front door with my key. The toilet is clogged! **BEWARE of the on-site repair services.**

Troubles such as concerning door keys and matters around wet area are happening unexpectedly that likely to cause people to become frantic with haste or get upset; and may be charged of large amount depending on the locksmith sometimes. When asking for repair service, please make sure to contact several companies and request for the work details and charges; compare what they're offering. Also, it is important to reconfirm how much you'll be paying before the work begins, and have someone with you such as your family or a friend. So, in order to be always prepared in times like these, it would be very helpful if you gather information about the company that you can trust with.

▽Days of counseling: Mon.~Fri., 1st & 3rd Sat. ※Closed on 1st & 3rd Thu., public holidays and New Year holidays

▽Hours of counseling: 9:30am~12:00nn, 1:00pm~4:00pm

▽Inquiries: Consumers' Life Affairs Center (Bellebs Nagayama) ☎042(374)9595

ROTA OF DOCTORS ON HOLIDAYS 9:00am-5:00pm TAMA CITY DOCTORS ASSO. <http://www.tama-med.or.jp/toban>

6/16(Sun.)	Saito Internal & Respiratory Medicine	Rm. 202, 4-2-6 Nagayama	☎042-373-2522
6/23(Sun.)	Aragaki Internal Med. & Surgery Clinic	3F Shintoshi Ctr. Bldg., 1-24-1 Tsurumaki	☎042-373-0514
6/30(Sun.)	Shii no Ki Internal Medicine Clinic	Dai-5 Shii no Ki Bldg. 6-15-4 Ochiai	☎042-337-5711
7/ 7(Sun.)	Nagayama Internal Medicine Clinic	2F KTA Bldg., 1426 Kotta	☎042-338-2355
7/14(Sun.)	Karakida Eki-mae Clinic	Rm. 104 Plaza Karakida, 1-1-7 Karakida	☎042-376-3800

**Limited to emergency cases only. *Please phone the clinic before visiting and make sure to visit during clinic hours. *Bring along your health insurance card and the infant healthcare card (if applicable) to the clinic. *There might be changes of clinics on the list.*

NIGHT CLINIC FOR CHILDREN (Pediatrics)

(Health Center = *Kenko Senta*) 19:00-21:45

Children are to first consult here for emergency illness

☎ 042-375-0909



MEDICAL INSTITUTIONS INFORMATION (24-HOURS)

Emergency Tel. Center (Tama Fire Dept.) ☎042-375-9999

Fire Department Emergency Consultation Center

Tel. #7119 (Mobile, PHS, push phone); ☎042-521-2323 (dial phone)

Tokyo Met. Med. Health Info Service (Himawari) ☎ 03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Center) Dental care 9:00-15:30 ☎ 042-376-8009

(Sun., public holidays, year-end and New Year holidays)

*Appointment is necessary. Be sure to call first in advance.

MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)

9:00-20:00 ☎03-5285-8181

★COUNSELING FOR FOREIGNERS *By appointment basis only!

Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA Bldg.)

※Projects entrusted by
Tama City

★SCHEDULE OF JAPANESE CLASSES (TIC members can attend the classes for free)

*Tama Center Class (Monday 11:00-12:50)	Cocolia Hall, 7F, Cocolia Tama Ctr.	6/3,10,17	7/1,8,22
*Nagayama Class (Monday 10:00-12:00)	Rm. 302 Higashi Nagayama Fukugo Shisetsu, etc.	6/3,10,17	7/1,8,22
*Sakuragaoka Class (Thursday 10:00-12:00)	TIC Rm., 7F, VITA Commune (OPA Bldg.)	6/6,13,20	7/4,11,18
"	(Thursday 19:00-21:00) TIC Rm., 7F, VITA Commune (OPA Bldg.)	6/6,13,20	7/4,11,18
"	(Saturday 14:00-16:00) TIC Rm., 7F, VITA Commune (OPA Bldg.)	6/8,15,22	7/6,20,27

▲For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Sachiko Mori