Information for daily life

Renkoji 2-24-6

Kotta1145

Datago1-51

Suwa4-11

Suwa5-3

Ochiai 4-12

Nagayama3-8

Wada712

HAND in HAND in Tama

October 2024 Issue Vol. 372

(400)6996

(374)2600

(375)6755

(375)0728

(374)6767

(374)7427

(374)6141

(376)6111

(376)0211

Reiwa 7th year Application acceptance for admission to kindergartens, nursery schools, and after-school clubs will start. Kindergarten Name Address Telephone No.

Tama Miyuki Kindergarten

Midorigaoka Kindergarten

Tokyo Otani Kindergarten

Kinsyu Kindergarten

Suwa Kindergarten

Sumire Kindergarten *

Seitoku Kindergarten

Fujigaoka Kindergarten

- ★ Kindergarten (3-5 years old child)
- ◆ Application distribution starts: Tuesday, October 15
- ◆ Application reception starts: Friday, November 1
- ◆ Notes: As for distribution of admission information, application forms, etc., and application reception, please go directly to each kindergarten (as shown in the table on the right).

★Nursery school/Day-care center (Authorized nursery school, certified day-care center、home-base

day care service, small scale nursery school, nursery school inside office) * attached to Bunka Gakuen University

Oda certified nursery school | Ochiai 5-7-2

◆ Details on how to apply, time frame, etc.: will be posted on the official website on Friday, October 4. Or, please refer to the "Reiwa 7 Nursery School Admission Guide" distributed at the Child and Youth Policy Division on the 4th floor of City Hall, Seiki Sakuragaoka Station branch office, Tama Center Station branch office, Nagayama Community Center, Health Center, and each regional childcare support base (10 locations in Tama city).

◆ Reception period: October 21 (Mon) - November 6 (Wed) (Postmark valid for mail. Internet procedures must be completed by 11:59 p.m. on the closing date)

★Afterschool club

- ◆Application form: On Thursday, October 3, will be posted on the official website, and will be distributed as well at the Children and Youth Division on the 4th floor of City Hall, each children's center, each after—school club, each branch office of Seiki Sakuragaoka Station and Tama Center Station, and the Nagayama Community Center. Children who are currently enrolled in the club are also required to apply. There will be an admission examination after application reception.
- ◆How to apply: (1) Internet procedure = October 7 (Mon) October 31 (Thu) please apply via Internet procedure on the official website. (2) Mail = Please send mail during October 7 (Mon) October 31 (Thu) while postmark is valid to the Children and Youth Division at 206-8666 Tama city hall. (3) Bring it directly = (For new enrollment) October 18 (Fri) 22 (Tue) * Excluding 20 (Sun) to the West Conference Room of City Hall, and to the Children and Youth Division on Wednesday, October 23. Office hours are 9 a.m. (10 a.m. on the 18th) noon, 1 p.m. 5 p.m. (6 a.m. on the 22nd). 【For those who are currently enrolled】October 28 (Mon) 31 (Thu) 9:30 a.m. noon, please visit the currently enrolled after-school club.

Shall be highly appreciated. A survey questionnaire has been mailed! Your cooperation in answering A survey questionnaire has been mailed to foreign residents over the age of 15 in Tama City. When you receive it, please respond to us by Friday, October 25th. You can choose answering language among Japanese, Chinese, English, Korean, and Vietnamese. Q&A: Culture and Lifelong Learning Promotion Division \$\operatorname{\textit{T}}\$042-338-6882

●Information on Japanese speech presentations by foreign learners

Foreign learners in the TIC Japanese language classes will give speeches in Japanese. This also constitutes one of the program events of the Tama Citizen Cultural Festival.

- ◆Date & Time: October 20 (Sun) 13:30-15:30 ◆Venue: Sekido Community Center 7th Floor Citizen's Lobby
- *TIC will also exhibit "Maps of the World" at the 7th floor gallery of the Sekido Community Center from October 18th (Fri)
- 20th (Sun). Why don't you find out where Japan is on the maps published at various parts of the world!

◆Seiseki-Sakuragaoka Let's solve riddles!in Strolling streets ~Park & Fantastic Shops~

This is an event to rediscover the charm of Seiki-Sakuragaoka in searching for the clue illustrations of riddles. The event participants will complete the word puzzle by visiting the checkpoints placed in attractive shops around the station and in the park. Wonderful prizes can be won by the correct answerers!

- ◆Period: October 12 (Sat) November 24 (Sun)
- ◆ How to participate: Please get the "Map & Answer Sheet" at distribution places of the town, choose either Course A or Course B, whichever you like, and go for a walk around the town. Distribution locations = Nagayama Community Center,

Sekido Community Center, Rascal Collaboration Menu Store, Keio Seiki Sakuragaoka SC A Building 1st Floor, etc. For details, please refer to the official website from the QR code provided here.

◆Inquiries: Economy and Tourism Division ☎042-338-6909

October is "Food Loss Reduction Month" - Let's reduce "food loss" at home through daily

mindfulness! Wednesday, October 16 is the "World Food Day", which is designated by the United Nations to consider global food issues. In Japan, 4.72 million tons of still edible food is wasted annually. Of these, 2.36 million tons come from households. Why don't you reduce household waste by not buying too much and eating it up? Tama City is promoting 4Rs, i.e. 3R (reduce = reduce waste, reuse = repeating use, recycle = reuse as a resource) plus one more R "refuse to generate waste". ◆Contact: Resource Recycling Promotion Division ☎: 042-338-6836 ID: 1002163

ROTA of on-duty doctors on holidays 9:00-17:00 Tama City Doctors Association http://www.tama-med.or.jp/toban/

10/13(Sun)Fusegawa Clinic **2**042-373-5858 Ochikawa 1329

10/14(Mon·Holiday) Sasabe Clinic **2**042-375-7313 Sekido 4-9-2 Confort Seiseki 1.2F

10/20(Sun) Seiseki Sato Clinic **2**042-337-2715 Sekido 1-7-5Keio Seiseki Sakuragaoka S·C C bldg. 1F 10/27 (Sun) Nagayana Clinic of Internal Medicine

☎042−338−2355 Kotta 1426 KTA bldg. 2F 11/3 (Sun • Holiday) Oike Clinic of Internal Medicine

☎042-355-7001 Higashi Terajata1-2-2 Total bldg. 2F

11/4(Mon·Substitute Holiday) Seiseki Yuzu Clinic ☎042-401-8100 Sekido 1-20-2 Sakura Terrace 3F 11/10 (Sun) Tama Nagayama Takada Clinic **20**42-400-Kaidori 3-6 Medical Malls Nagayama 3F

●Emergency cases only. ●Be sure to bring your health insurance card and infant healthcare card. (if applicable) Please visit during clinic hours without fail. *Always please make a phone call in advance.

※This ROTA list is subject to change.

NIGHT CLINIC FOR CHILDREN (Pediatrics)

Please visit this clinic first if your child has an emergency. (19:00-21:45) **2**042-375-0909

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(9:00-15:30 Sun. & public holidays)

2042-376-8009

Note Be sure to call in advance.

Information on Medical Institutions (24 hours service)

Fire Dept. Emergency Consultation Service 27 # 7119 (mobile phone)

Tokyo Metropolitan Medical Health info service "Himawari" **2**03-5272-0303

MEDICAL INFORMATION IN FOREIGN LANGAUGES

(Tokyo Metropolitan Health and Medical Info Center) 9:00 20:00 **2**03-5285-8181

☆Counselling for Foreign Residents Every 1st & 3rd Thursday of the month (13:30-16-30) TIC Room (VITA 7th floor)

* By appointment only

☆Japanese Class Scheule (Fee : Free for members)



Commissioned by Tama cit

class	Venue	Time	Date	
			October	November
Monday classes	Parthenon Tama 4F, Meeting Rooms 3&4	9:45~11:45	7th•21st•28th	11th•18th•25th
	Nagayama Kominkan 5F, BELLEBS Hall	9:30~11:30	7th•21st•28th	11th•18th•25th
Thursday classes	TIC Room (7F VITA Commune)	10:00~12:00	3rd•10th•17th•24th	7th•14th•21st
		19:00~21:00	3rd•10th•17th•24th	7th•14th•21st
Saturday classes	TIC Room (7F VITA Commune)	14:00~16:00	5th•19th•26th	9th•16th•30th

*Those unable to attend the classroom for special reasons may be allowed to participate online. Please consult with the TIC office.

☆ **New!!** Chatting Salon in <u>Japanese</u> OBeing held once a month on Saturdays.

October 12 (Sat) 13:30-15:00, TIC Activity Room, No reservation required, Free (No Fee) participation

△ For reservations and inquiries regarding the above, please call the TIC Office ☎ 042-355-2118

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Prepared & edited by: TAMA CITY INTERNATIONAL CENTER (TIC)

TIC Secretariat: 7F, VITA Commune, 4-72 Sekido, Tama City 206-0011 🖀 042-355-2118 Fax 042-355-2104 E-mail: tic@kdn.biglobe.ne.jp URL:https://www.tic-tama.jp



Office hours: Mon.-Fri. 10am - 5pm, Closed Sun. 1st and 3rd Mon. of the month, National, Year-end, New year, and extra Holidays 💥 If you have any comments or requests regarding Hand in Hand in Tama, please send them to the above address. This news-letter is available in four languages (Japanese, English, Chinese, Korean and easy Japanese); Please contact TIC office when you like to have a Edited by: Chieko Ukita, Translated by: Hiroshi