

● DON'T FORGET TO SUBMIT YOUR CHILD SUPPORT ALLOWANCE STATUS REPORT

All recipients of child support allowance (*jido fuyo teate*) must submit the status report.

Submission deadline Fri., Aug. 30th **Note** Submission of reports are not accepted at Seisekisakura-gaoka and Tama Center stations city office branches or by mail. The recipient him/herself must submit it by the deadline. **Where to apply/submit** Bring in person to *Kodomo/Wakamono Seisaku-ka* (Children and Youth Policy Section), 4F Tama City Hall ☎ 042-338-6851 Fax 042-372-7988 ID 1003455

● MULTICULTURAL WORKSHOP ~ LEARN EASY JAPANESE ~ Participants wanted

Easy Japanese (*Yasashii Nihongo*) is simple Japanese used by Japanese people with kind and considerate regard for others, such as foreigners.

Date/Time Sat., Aug. 31st 2:00 p.m.~3:30 p.m. **Venue** *Daikaigishitsu, Sekido Kominkan*

Capacity 25 persons (Lottery held if too many applicants) Japanese and foreign residents are invited!

Contents Part-1: Lecture "What is easy Japanese?" Part-2: Workshop "Let's use easy Japanese"

Lecturer/Coordinator Prof. Keizo Yamawaki, Meiji University

In cooperation with Meiji Univ. Yamawaki seminar students *Scan here to apply!→*

Application/Inquiries Apply by Tue., Aug. 27th using the application form or by phone to the Culture and Lifelong Learning Promotion Section ☎ 042-338-6882 ID 1015572



● A VARIETY OF OPPORTUNITIES FOR COLLABORATIVE CREATION IN THE REGION

"Collaborative creation" refers to the creation and expansion of connections with people of all generations and fields to solve various local issues, and create new things to fascinate people and values of the city. Looking to the future of our "town", let us take the first step towards "co-creation" that is right for us, so that everyone in the community enjoys getting involved and support each other in the community as a whole.

- Join a platform where you can talk with different people about your area
- Participate in council meetings that consider and propose mechanisms for town development and build connections
- Feel free to access information about making connections and activities in your local area.
- Let us attend the council meeting.

Inquiries *Kyoso Suishin-shitsu* ☎ 042-338-6803 • Fax 042-337-7660 ID 1004703



● 2024 TAMA CITY DISASTER PREVENTION DRILL WILL BE HELD

September 1st is "Disaster Prevention Day", and this day, from August 30th to September 5th is "Disaster Prevention Week." In addition to "public assistance" from the government, "self-help" by each individual and "mutual assistance" among residents are important to reduce damage. The drill will be conducted by making simulation on actions necessary immediately after the occurrence of earthquake through management of evacuation center. (*At Kita-Suwa Elementary School, Self-defense Force vehicles and fire trucks will be displayed and drone training exercises will also be conducted.)

Date/Time Sat., Sept. 7th 4:00 p.m.~7:00 p.m.

Inquiries Disaster Prevention and Safety Section

☎ 042-338-6802 ID 1012597

*Scan here for details,
such as location*



● WOMEN'S JOB SUPPORT CARAVAN & INDIVIDUAL CONSULTATION SERVICE in TAMA

~Job hunting expands your career possibilities "Tips for finding the job you want to apply for"~

Date/Time Thursday, September 5th ① 10:00 a.m.~12:00 p.m. ② 12:20 p.m.~1:25 p.m.

Venue *Daikaigishitsu, Sekido Kominkan* **Target** Women **Organized by** Tokyo Shigoto Center-Tama

Capacity ① 40 persons ② 10 persons (All applications are on a first-come-first-served basis)

Lecturer Ms. Makiko Suzuki (National qualified career consultant)

Application/Inquiries Online application starts Tue., August 13th 9 a.m. through the Women's Job Support Caravan website (URL): <https://josei-caravan.jp/> ☎ 03-6734-1346 ID 1012966



● THE 25TH NAGAYAMA FESTIVAL FLEA MARKET VENDORS WANTED!

Date/Time Sept. 21st (Sat.) & 22nd (Hol.) 11:00 a.m. ~ 6:00 p.m. (Even just one day is possible)
Place Hiroba, 2F HUMAX Pavilion Nagayama **Capacity** Approximately 40 spaces each day
 (1 space 2m×2m. Application is on a first-come- first-served basis. Multiple spaces can be reserved)
Application/Inquiries Wed., August 7th ~ Fri., September 13th Apply online through
 Nagayama Festival's website: <https://www.jp-l.co.jp/nf/2024/> ☎042-337-6661 ID 1011972

● DIGITAL STAMP RALLY TO EXPLORE THE CHARMS OF TAMA

~I found my favorites in "Tama"~

A stamp rally will be held to visit various recommended spots throughout the Tama area! Introduce those spots into seven categories including history, culture, nature, hands-on experiences, photogenic spots, and gourmet food. Everyone who participates will get a participation prize, and if you collect more stamps you will have the chance to win amazing prizes by entering into a lottery. Why not discover the charms of the Tama area, as the more you know about it the more you will come to love Tama?

Period Until Thursday, October 31st **Location** Thirty cities and towns in the Tama area
Note For details, ask the Tama Promotion Project Office, or refer to the website (URL): <https://www.tama2024.jp/>
Inquiries Tama Promotion Project Office ☎ 080-4586-0036; Promotion and Planning Section, Adm. Affairs Dept., General Affairs Bureau, Tokyo Metropolitan Gov't. ☎ 03-5388-2443



ROTA OF ON-DUTY DOCTORS ON HOLIDAYS 9:00-17:00 TAMA CITY DOCTORS ASSOC.: <http://www.tama-med.or.jp/toban/>

8/11(Hol.) Kodomo Clinic- Shimizu ☎042-373-0512 3F Shintoshin Ctr. Bldg., 1-24-1 Tsurumaki	9/1(Sun.) Abe Tama Center Internal Med. 1-22-2 Tsurumaki ☎042-373-7755
8/12(Mon.) Maehara Pediatric Clinic ☎042-374-5028 5F Seiseki Sakuragaoka OPA, 4-72 Sekido	9/8(Sun.) Yamazen Internal Med. Clinic ☎042-372-5588 1F Seisekisakuragaoka Garden House, 4-40-3 Ichinomiya
8/18(Sun.) Karakida Eki-mae Clinic ☎042-376-3800 Rm. 104, Plaza Karakida, 1-1-7 Karakida	●Emergency cases only. ●Be sure to bring your health insurance card and infant healthcare card (if applicable) ●Please visit during clinic hours ※Always call in advance ※This list is subject to change
8/25(Sun.) Saito Internal Med. & Pulmonology Rm. 202, 4-2-6 Nagayama ☎042-373-2522	

NIGHT CLINIC FOR CHILDREN (Health Center)=Pediatrics

(19:00-21:45) Please visit this clinic first if your child has an emergency. *Must be age 15 or younger ☎042-375-0909

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Center) (9:00-15:30 Sundays & public holidays)
 ☎042-376-8009 Note: Please call in advance.



INFORMATION ON MEDICAL INSTITUTIONS (24/7)

Emergency Call Center (Tama Fire. Dept.) ☎042-375-9999
 Fire Dept. Emergency Consultation Service ☎ #7119 (mobiles, PHS, push-button phones) ☎042-521-2323 (dial-up phones)
 Tokyo Met. Med. Health Info Service "Himawari" ☎03-5272-0303

MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)
 9:00-20:00 ☎03-5285-8181

Counseling for Foreign Residents Every 1st & 3rd Thursday of the month (13:30-16:30) TIC Rm. By appointment only

Japanese Class Schedule (Classes are free for TIC members)



Commissioned by Tama City

	Venue	Time	Dates	
			August	September
Monday classes	Parthenon Tama 3F & 4F, Meeting rooms	9:45-11:45	Summer vacation	2 nd , 9 th , 30 th
	Nagayama Kominkan 5F, Bellebs Hall	9:30-11:30		2 nd , 9 th , 30 th
Thursday classes	TIC Room (7F VITA Commune)	10:00-12:00		5 th , 12 th , 26 th
		19:00-21:00		5 th , 12 th , 19 th
Saturday classes	TIC Room (7F VITA Commune)	14:00-16:00		7 th , 14 th , 28 th

※If you have difficulties to attend the class in person, please contact TIC Office as you may be allowed to participate online.

Chatting Salon in Japanese Sat., Aug. 24th 13:30~15:00 TIC Room No reservation needed. Feel free to join. It's FREE

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Prepared & edited by **TAMA CITY INTERNATIONAL CENTER (TIC)**

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Office hours: Mon.-Fri. 10 a.m. – 5 p.m. Closed Sundays, every 1st & 3rd Monday of the month, national holidays, year-end and new-year holidays and extra holidays.

If you have any comments or requests regarding Hand in Hand in TAMA, please send them to the above address.

This newsletter is available in four languages (Japanese, English Chinese, Korean and easy Japanese); please

contact the TIC office if you would like a copy.

Editing: Naoko Nishio

