

ABOUT COVID VACCINATION FOR CHILDREN (AGE 5 TO 11 YEARS OLD)

◆It is not mandatory. Please think about it carefully.◆

To parents/guardians Parent or guardian's consent (signing the pre-medical checkup form with the vaccination ticket) and their presence are required when vaccinating a child. Please refer to the following information beforehand enclosed with the vaccination ticket --the "Notice on COVID Vaccination" (prepared by the Ministry of Health, Labor and Welfare), "COVID vaccine Q&A" posted on the website of the Ministry of Health, Labor and Welfare, "Pfizer's COVID vaccination instructions (for children <aged 5 to 11 >)", "Thoughts on COVID vaccination of children aged 5 to 11 years " posted on the website of the Japan Pediatric Society, "For parents of children aged 5 years old and over who are considering inoculation with the COVID vaccine," posted on the website of Pfizer Inc.

If you have any concerns, please consult your family doctor or other health care provider before making a decision on vaccination. (This article was prepared based on information as of February 24)

Sending out of vaccination ticket to citizens aged 5~11 years old

- Those born between Mar. 7, 2010 and Mar. 6, 2017 = already sent out on Feb. 25 (please inquire if you have not received your vaccination ticket)
- Those born on or after March 7, 2017 = To be sent consecutively at the end of the month of their 5th birthday

Priority reservations

Children with underlying medical conditions such as chronic respiratory disease and congenital heart disease that has a high risk of becoming severe, and wish to get a shot will receive priority reservations at the COVID Vaccination Call Center.

Note For details on how to make reservation and vaccination date, please refer to the notice enclosed together with your vaccination ticket or through the official website →



▽Inquiries: COVID Vaccination Call Center ☎042-313-7003 (9am to 5pm including Sat., Sun. and holidays)

※Those with hearing impairment or having difficulty hearing the phone, please use facsimile FAX 042-313-7754

BE CAREFUL FROM GETTING INFECTED! CONTINUE TO PREVENT IT BY WEARING MASK, AVOIDING CROWDS, WASHING HANDS OFTEN, AND SO ON

•COVID Telephone Consultation is available in Tama City !

For example, "I was tested positive but I haven't heard anything from the public health center (*hokenjo*)," or "Someone close to me is infected with coronavirus. Am I considered a close contact?" etc.

Public health nurses will provide consultations in cooperation with the public health center.

▽Consultation period: Until Thur., March 31 Mon.~Sat. 9am~5pm (except on Sun. and holidays)

▽Eligible: Those residing in Tama City

▽Tel. for consultation: ☎042-376-9111 ※ Please say "Shingata Corona denwa sodan" first.

▽For inquiries: Health Promotion Section ☎042-376-9111



•Providing food and daily necessities for home patients

▽Application & inquiries: Mon.~Fri. 8:30am~5:00pm (Closed on Sat., Sun. and holidays)

Exclusive Line for COVID Supplies Aid ☎080-7999-9680



TO PREVENT GLOBAL WARMING, LET'S AIM TOGETHER FOR A CARBON-FREE SOCIETY

In 2020, Tama City and the City Council announced a "Tama City Climate Emergency Declaration" to make all-out efforts to combat global warming, and have been working step by step to do what they can. A variety of activities are also being done among the local residents. Let's start by doing those things within our reach such as promoting recycling, separating garbage and reducing disposable plastics, bringing reusable shopping bags and your own drinking bottles.

▽For inquiries: Environmental Policy Section ☎042-338-6831 Waste Management Section ☎042-338-6836

PARTHENON TAMA RENOVATION PREOPENING SUNDAY, MARCH 27

•Parthenon Tama Preliminary Opening Commemorative Special Events

Events	Date and time	Place	Eligible	Capacity
Let's enjoy picture books with Hello Kitty!	March 27 (Sun.) • 29 (Tue.) 9:15 am	Kodomo Hiroba OLIVE (an open space for children)	Children up to 2nd grade elem. school and their parents	10 pairs of 20 persons
Let's plant flowers with Hello Kitty!	March 27 (Sun.) 1:15 pm • 3:15 pm	Green Live Center (a botanical garden)	Children from 3 years old to 2nd grade elementary school and their parents	8 pairs of 16 persons
Let's play with Hello Kitty at the park!	March 28 (Mon.) • 30 (Wed.) 9:15 am	Kodomo Hiroba OLIVE Tama Chuo Park		10 pairs of 20 persons

Application and inquiries

Contact the Economy and Tourism Section ☎042-338-6830 or through Online procedure from the official website by Thursday, March 17.

※If there are many applicants, a lottery will be held. All applicants will be notified of the lottery results by Tuesday, March 22.

※Please refer to the official website for details.



NEWS FROM TAMA CITY LIBRARY

Tama City Library has a collection of picture books in foreign languages. In addition to English, Chinese, and Korean, there are also picture books such as in German, French, Spanish and Portuguese.

< Recommended Picture Book >

『Jeeper the Fire Engine (English edition)』

Written by Shigeo Watanabe

Illustrated by Tadayoshi Yamamoto

Translated by Jaylene Morley and Susan Howlett

Published by R.I.C. Publications

The small fire truck, Jeeper, was always compared with the ladder trucks and ambulances. The big ladder trucks are very useful in case of fire, but small Jeeper was a remodeled old jeep, and wasn't even ask to go even in case of fire. However, there was a job that only small Jeeper can do.

A picture book written by Shigeo Watanabe, an author noted in connection with Tama City. Children can see how small Jeeper plays an active role that makes their eyes shine and even adults are cheered up!

▽For inquiries: Tama City Library ☎042-373-7955

ROTA OF DOCTORS ON HOLIDAYS

9:00 a.m. ~ 5:00 p.m. TAMA CITY DOCTORS ASSOCIATION <http://www.tama-med.or.jp/toban>

3/13 (Sun.) Sasabe Clinic	1 & 2F <i>Confohto</i> Seiseki, 4-9-2 Sekido	☎042-375-7313
3/20 (Sun.) Nagayama Internal Med. Clinic	2F KTA Bldg., 1426 Kotta	☎042-338-2355
3/21 (Hol/Mon.) Kaitori-Uchida Clinic	1F <i>Nohburu</i> Kaidori, 1-52-1 Kaidori	☎042-389-3646
3/27 (Sun.) Matsuda Clinic	1-48-1 Kaidori	☎042-373-3205
4/3 (Sun.) Nakamura Internal Med. Clinic	5-10-7 Suwa	☎042-375-7757
4/10 (Sun.) Karakida Eki-mae Clinic	Rm. 104 Plaza Karakida, 1-1-7 Karakida	☎042-376-3800

*Limited to emergency cases only. *Please phone the clinic before visiting and make sure to visit during clinic hours.

*Bring along your health insurance card and the infant healthcare card (if applicable). *Clinics are subject change.

NIGHT CLINIC FOR CHILDREN (Pediatrics)

(Health Center = *Kenko Senta*) 19:00-21:45

Children are to first consult here for emergency illness

☎ 042-375-0909

MEDICAL INSTITUTIONS INFORMATION (24-HOURS)

Emergency Tel. Center (Tama Fire Dept.) ☎042-375-9999

Fire Dept. Emergency Consultation Center Tel. #7119

(Mobile, PHS, push phone); ☎042-521-2323 (dial phone)

Tokyo Med. Health Info Service (Himawari) ☎ 03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Ctr.) Dental care 9:00-15:30 ☎ 042-376-8009

(Sun., public holidays and New Year holidays)

*Appointment is necessary.

MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)

9:00-20:00 ☎03-5285-8181

★COUNSELING FOR FOREIGNERS *By appointment basis only!

Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA)

※Projects
entrusted by Tama
City

☆SCHEDULE OF JAPANESE CLASSES (TIC members can attend the classes for free)

Classes	Place	Time	Date	
			March	April
Monday Classes	CareerMam Hall (5F Cocolia Tama Ctr.), *Parthenon Tama in April	10:00~12:00	7・14	4・11・18・25
	Bellebs Hall, 5F <i>Nagayama Kominkan</i>	9:30~11:30	7・14	4・11・18・25
Thursday Classes	TIC Room (7F VITA) *Seisekisakuragaoka	10:00~12:00	3・10・17	7・14・21
		19:00~21:00	3・10・17	7・14・21
Sat. Class	TIC Room (7F VITA) *Seisekisakuragaoka	14:00~16:00	5・12・26	2・16・23

▲ For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Kumiko Murata