

HAND in HAND in Tama

Information for daily life
In Tama city
January 2026 Vol.387

● January is the payment month for Child Rearing Allowance

The child rearing allowance will be transferred to the designated account. While, in such cases as the pension payment having decided or, the move out of Tama city, its notification should be submitted.

Notes If the transfer has not been received by late January, please contact us. **Transfer date** January 9 (Friday) **Inquiries** Children and Youth Policy Division ☎ 042-372-7988 ID 1003455



● Seiseki Sakuragaoka "Rascal" Children's Film Festival Screening on 1/31 (Sat) & 2/1 (Sun)

Venue Sekido Community Center Vita Hall **Capacity** ① 70 people per screening (lottery if there are more applicants) ② 150 people per screening (at venue of first-come, first-served basis)

Free entry and exit allowed during screening, making it a perfect event for parents to introduce their children to movies

Notes For details of the film being screened, please refer to the official website.

▲ Application Form



● "Rascal" & "Anne of Green Gables" Mask-Making Workshop

Location Sekido Community Center Gallery **Capacity** 10 people per session (lottery if more applicants)

Notes If there are openings on the day, you can apply directly (at the venue on first-come, first-served)

Application January 6 (Tue) noon – January 15 (Thu) noon via the official website on Internet

Inquiries Economic and Tourism Division ☎ 042-338-6909 Fax 042-337-7659 ID 1006552

▲ Application Form



● Notice from Hino Tax Office Tax Filing Venue being opened

Dates February 16 (Mon) to March 16 (Mon) (excluding Saturdays, Sundays, and National Holidays)

Reception Hours 8:30 AM (consultations from 9:00 AM) to 4:00 PM (Submission only until 5:00 PM)

Location Hino Tax Office (6-36-2 Manganji, Hino City). Only on March 1 (Sun), Tachikawa Tax Office (4-2 Midori-cho, Tachikawa City) **Notes** Consultations generally require prior reservation via the official LINE account of the National Tax Agency. However, the daily entry tickets will be distributed at the location (available until the maximum number is reached). No parking available during the opening period.

Inquiries Hino Tax Office ☎ 042-585-5661 (automated voice)

● Spain: World Heritage and Food Culture - International Understanding Lecture X Multicultural

Coexistence Seminar **Date and Time** Sunday, January 18, 1:00 PM – 4:00 PM (doors open at 12:30 PM)

Location Parthenon Tama, Open Studio **Registration & Fees** Not required, free admission

Program ① Lecture on Multicultural coexistence and talk session with foreign citizens ② International understanding lecture: Spain ③ Exhibitions introducing activities of organizations involved in multicultural coexistence in the city and nearby areas **Speakers** ① Mr. Tetsuyoshi Kikuchi (Associate Professor, Department of International Communication, College of Humanities, Meisei University), Mr. Pham Dinh Tong (from Vietnam, Keiko Welfare Association), Ms. Anna Hamasaki (from the USA, TIC member) ② Mr. Oscar Mendoza (TIC member)

Inquiries Culture and Lifelong Learning Promotion Division ☎ 042-338-6882 ID 1019100

● Registration of the municipal tax transfer account is available on Sunday (Sunday, 1/25)

Necessary Item to bring Identification documents **Eligible financial institutions** Mizuho Bank, Mitsubishi UFJ Bank, Sumitomo Mitsui Bank, Resona Bank, Kiraboshi Bank, Yokohama Bank, Chuo Labor Bank, Tama Shinkin Bank, Japan Post Bank, Higashi-Nippon Bank **Notes** Some cards, such as those whose magnetic stripe cannot be read, biometric authentication cards, and family cards, may not be used ID 1001811

Inquiries Taxation Division ☎ 042-338-6852, Insurance and Pension Division ☎ 042-338-6934

● Introduction to Tea Ceremony (Application from 1/6 (Tue) on First-come, first-served basis)

Date and Time February 21 & 28, Saturdays, 10:00 AM – 12:00 PM (Reception by 9:45 AM)

Venue Sekido Community Center Japanese-style Tea Room **Eligibility** High school students and above who can attend both days, with no prior Tea ceremony experience **Capacity** 14 people (Application on first-come, first-served basis) **Outline** Introduction lecture to Tea ceremony and trial experience **Instructor** Tama City Tea Ceremony Federation **What to Bring** Tabi (Japanese socks) or white socks, writing utensils

Application From 9:00 AM, January 6 (Tue), via the official website internet registration procedure

ID 1018977 **Inquiries** Sekido Community Center ☎ 042-374-9711

● Aqua Blue Tama Pool Long-Term Closure and Temporary Closure

Along with the check-up of the Garbage Incineration Plant, the pool will be closed from Saturday, January 17 to Tuesday, February 10 for cleaning and maintenance inspections. Additionally, Aqua Blue also will be temporarily closed on Saturday, February 14 for electrical equipment inspection.

□ 1008349 [Inquiries] Aqua Blue Tama: ☎ 042-338-7667

● 『Teach Me! Yuka-Sensei: 60 Japanese Natural Conversation Expressions』

Author Yuka Murakami Publisher Ask Publishing Publish Year 2021



Outline Have you ever wanted to study and learn more natural Japanese expressions than those appear in textbooks? This book allows you to learn natural Japanese expressions through various phrases and real conversations. With this book, you can try memorizing the words with multiple meanings and the natural expressions. It also introduces study methods recommended by the author, a Japanese language teacher.

ROTA of on-duty doctors on holidays 9:00-17:00 Tama City Doctors Association: <http://www.tama-med.or.jp/toban/>

1/11(Sun) Fusegawa Clinic Ochiai 1329 ☎ 042-373-5858

2/1(Sun) Watanabe Clinic Toyogaoka 5-8-1
☎ 042-371-3321

1/12 (National holiday)

Takahashi Internal Medicine and Neurology Clinic
Sekido 2-66-1 ☎ 042-400-1508

2/8(Sun) Sasabe Clinic ☎ 042-375-7313
Sekido 4-9-2 Comfort Seiseki 1/2F

1/18 (Sun) Seiseki Sato Clinic ☎ 042-337-2715

- Emergency cases only.
- Be sure to bring your health insurance card and infant healthcare card. (if applicable)
- Please visit during clinic hours without fail.
- ※ Always please make a phone call in advance.
- ※ This ROTA list is subject to change

Sekido 1-7-5 Keio Seiseki-Sakuragaoka S.C. C 1F

1/25 (Sun) Tama Kazemachi Clinic of Internal Medicine
Suwa 2-2 Briria Tama New Town B-100 ☎ 042-338-6611

Night clinic (in Health Center) for Children=Pediatrics

Please visit here first if your child has an emergency.
(19:00～21:45) In principle 15 and younger ☎ 042-375-0909



Information on Medical Institutions (24 hours service)

Fire Dept. Emergency Consultation Service ☎ #7119 (mobile phones, PHS, push-button phones) ☎ 042-521-2323 (dial-up phone)

Tokyo Metropolitan Medical Health info service "Himawari"
☎ 03-5272-0303

Medical Information in Foreign Languages (Tokyo Metropolitan Health and Medical Info Center)
9:00～20:00 ☎ 03-5285-81

Emergency Dental Treatment on holidays (in Health Center)

(9:00～15:30 Sun. & public holidays)

☎ 042-376-8009

Note Be sure to call in advance

★ Daily life Counselling for Foreign Residents Every 1st & 3rd Thursday of the month (13:30～16:30) TIC Room (VITA 7F)
* By appointment only



Commissioned by Tama city

★ Japanese class schedule (Fee: Free for TIC member)

Class	Venue	Time	Date	
			January	February
Monday classes	Parthenon Tama 3 & 4 Meeting Rooms	9:45～11:45	19th・26th	2nd・9th・16th
	Nagayama Kominkan 5F, Bellevue Hall	9:30～11:30	19th・26th	2nd・9th・16th
Thursday classes	TIC Room (VITA Commune 7F)	10:00～12:00	8th・15th・22th	5th・12th・19th
		19:00～21:00	8th・15th・22th	5th・12th・19th
Saturday classes	TIC Room (VITA Commune 7F)	14:00～16:00	10th・24th・31st	7th・14th・21st

※ Those unable to attend the classroom for special reasons may be allowed to participate online. Please consult with the TIC office.

Chatting Salon in Japanese January 17th (Sat) and February 21st (Sat) 13:30～15:00, TIC Activity Room, Reservation not required, Free participation, No Fee

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Office hours: Mon.-Fri. 10am～5pm, Closed Sun. 1st and 3rd Mon. of the month, National, Year-end, New year, and extra Holidays
※ If you have any comments or requests regarding articles in Hand in Hand in Tama, please send them to the above address. This news-letter is available in four languages (Japanese, English, Chinese, Korean and easy Japanese); Please contact TIC office when you would like to have the extra copy(s).

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