

## INFORMATION RELATED TO NEW CORONAVIRUS INFECTIONS (COVID-19)

Although the number of infected people has decreased significantly for a period of time, the virus has not disappeared. In order to prevent the number of infected people from increasing, we ask for your continued cooperation in preventing the spread of infection.

- Go out in small groups and avoid crowded hours and places.
- Please take basic infection prevention measures when visiting your hometown, traveling, or on a business trip.
- Refrain from doing things that have a high risk of infections such as drinking alcohol on the streets or in the parks.

▽For inquiries: Health Promotion Section ☎042-376-9111

### ●NOTICE ABOUT COVID-19 VACCINATION

- Appointments will be accepted for those who have received one dose of Pfizer vaccine and have not yet made an appointment for the second dose. For more information on vaccination dates, locations, and how to make an appointment, please visit the official website of Tama City.
- The third dose (additional vaccination) of the vaccine is currently under consideration based on the national policy. Details about eligibility, start date and how to make a reservation will be announced on the official website of Tama City and *TAMA Koho* newspaper as soon as they are decided.

▽For inquiries: COVID-19 Vaccination Call Center (※Available in Japanese language only)

☎ 042-313-7003 (9:00am to 5:00pm On weekdays including Sat., Sun. and holidays)

### ●FREE FOOD WILL BE DISTRIBUTED TO THOSE IN NEED DURING THE CORONAVIRUS CRISIS

**Date/Time:** Dec. 17 (Fri.) 1:00pm~4:00pm; Dec. 18 (Sat.) 10:00am~4:00pm; Dec. 19 (Sun.) 10:00am~12:00pm

**Place:** Tama Volunteer and Citizens' Activities Center- Nagayama Annex (B Bldg., *Higashi Nagayama Fukugoshisetsu*)

**Eligible:** Households with children of college age or younger, or college students living or studying in Tama City who are in need of assistance.

**Contents:** A set of supply for few days such as rice, retort food, instant food, sanitary napkins, tissue paper, toilet paper and mask. (Has limited number of supply. First-come-first-served basis. There will be free consultation at the *Shigoto and Life Support Station* on these days)

**Things to bring:** Bag(s) to carry your supply

**Application:** Nov. 15 (Mon.)~25(Thu.) Apply online to Tama Volunteers & Citizens Activities Support Ctr. <http://www.tamavc.jp/>

▽For inquiries: Tama Volunteers & Citizens Activities Support Center ☎042-373-6611

## TAMA CENTER ILLUMINATION 2021

**Period/Time:** Until Feb. 28 (Mon.) 4:30 pm~10:30 pm (Some lighting times and hours vary)

**Place:** Parthenon Tama *Ohdori*, etc.

### ●NOW ACCEPTING ENTRIES FOR PHOTO CONTEST

**Entry deadline:** Printed category= Must arrive by Jan. 25 (Tue.); SNS category= By Jan. 10 (Holiday)

※For details about the photo contest, please refer to the official accounts on Twitter (@IlluTama), Facebook (<http://www.facebook.com/tama.illumi>)

▽For inquiries / Organizer: Tama Illumination Exec. Comm. Office ☎090-8946-9909 (Weekdays 10am~5pm)

## NOVEMBER IS THE MONTH FOR PAYMENT OF CHILD SUPPORT ALLOWANCE

The child support allowance for September and October 2021 will be remitted to the designated account of recipients. Please be sure to contact us if there are any changes in your information.

**Date of remittance:** Nov. 11 (Thu.) ※If you have not received the remittance by the end of Nov., please contact us.

▽For inquiries: Childrearing Support Section ☎042-338-6851

## THE 31<sup>st</sup> FILM FESTIVAL "TAMA CINEMA FORUM"

This year's film festival marks its 31<sup>st</sup> anniversary. A gorgeous awards ceremony and many programs will be held.

**Date/Time:** Nov. 13 (Sat.)~21(Sun.) [No showing of movies on the 18<sup>th</sup> (Thu.)]

**Venue:** *Fuchu no Mori* Art Theater Dream Hall, *Nagayama Kominkan* Bellebs Hall, *Sekido Kominkan* VITA Hall

※Online movie streaming is also planned to prevent the spread of the new coronavirus infections.

※Advance tickets sold only online. No refunds or exchanges after purchase. ※For details, refer to the flyer distributed at each public facility and TAMA *Eiga* Forum Exec. Comm. website <https://www.tamaeiga.org/>

**Organized by:** TAMA *Eiga* Forum Exec. Comm. **Co-sponsored by:** Tama City Cultural Foundation

**Supported by:** Tama City, Tama City Board of Education, Fuchu City

▽For inquiries: Tama *Eiga* Forum Exec. Comm. ☎080-5450-7204



# FESTIVAL 2021 WHERE EVERYONE LIVES IN HARMONY

~Building a Bridge to Gender Equality in the Future~



A festival (known as Tomo Fes) will be held to raise awareness and interest in women's issues and gender equality.

## ① FREE MOVIE SHOWING "Kim Ji-Young, born 1982"

▽Date/Time: November 27 (Sat.) 10:00 am ~12:00nn (Hall opens 9:30)

▽Venue: Sekido Kominkan VITA Hall ▽Capacity: Limited to 110 persons (in order of application)

## ② PANEL DISCUSSION: WHAT IS SELECTIVE MARRIED COUPLE'S SURNAME? THE RIGHT TO CHOOSE WHEN YOU GET MARRIED

▽Date/Time: November 27 (Sat.) 1:30pm~4:00pm (Venue opens 1:00pm)

▽Venue: Sekido Kominkan Daikagishitsu ▽Capacity: Limited to 40 persons (in order of application)

## ③④ PANEL EXHIBIT OF ACTIVITIES BY THE TAMA WOMEN'S CENTER REGISTERED GROUPS

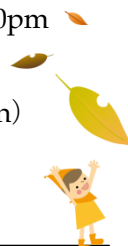
▽Date/Time: ③ Nov. 16 (Tue.)~19(Fri.) ④ Nov. 27 (Sat.) Time for both ③&④: 10:00am ~5:00pm

▽Venue: ③ Sekido Kominkan Gallery ④ Sekido Kominkan Dai-3 Gakushushitsu

※①② has nursery services (1 year old & above, first-come-first-served basis, insurance fee 100yen)

▽For inquiries & application: Tama Josei Center ☎042-355-2110, Fax 042-339-0491

Online application through the official website.



## ROTA OF DOCTORS ON HOLIDAYS 9am-5pm TAMA CITY DOCTORS ASSO. <http://www.tama-med.or.jp/toban>

11/14(Sun.)	Nagayama Internal Medicine Clinic	2F KTA Bldg., 1426 Kotta	☎042-338-2355
11/21(Sun.)	Sasabe Clinic	1 & 2F Confohto Seiseki, 4-9-2 Sekido	☎042-375-7313
11/23(Hol.)	Kaitori-Uchida Clinic	1F Nohburu Kaidori, 1-52-1 Kaidori	☎042-389-3646
11/28(Sun.)	Matsuda Clinic	1-48-1 Kaidori	☎042-373-3205
12/ 5(Sun.)	Tamura Clinic-2	3F Lions Plaza Tama Center, 1-35 Ochiai	☎042-357-3671
12/12(Sun.)	Watanabe Clinic	5-8-1 Toyogaoka	☎042-371-3321

\*Limited to emergency cases only. \*Please phone the clinic before visiting and make sure to visit during clinic hours.

\*Bring along your health insurance card and the infant healthcare card (if applicable). \*Clinics are subject change.

### NIGHT CLINIC FOR CHILDREN (Pediatrics)

(Health Center = Kenko Senta) 19:00-21:45  
Children are to first consult here for emergency illness ☎ 042-375-0909

### MEDICAL INSTITUTIONS INFORMATION (24-HOURS)

Emergency Tel. Ctr.(Tama Fire Dept.) ☎042-375-9999  
Fire Dept. Emergency Consultation Center Tel. #7119  
(Mobile, PHS, push phone); ☎042-521-2323 (dial phone)  
Tokyo Med. Health Info Service (Himawari) ☎ 03-5272-0303

### EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Ctr.) Dental care 9:00-15:30 ☎ 042-376-8009  
(Sun., public holidays, year-end and New Year holidays)  
\* Appointment is necessary.

### MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)  
9:00-20:00 ☎03-5285-8181

## ★COUNSELING FOR FOREIGNERS \*By appointment basis only!

Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA)

※Projects entrusted by Tama City

## ☆SCHEDULE OF JAPANESE CLASSES (TIC members can attend the classes for free)

Classes	Place	Time	Date	
			November	December
Monday Classes	CareerMam Hall (5F Cocolia Tama Center)	10:00~12:00	1・8・15・29	6・13・20
	Rm. 302 Higashi Nagayama Fukugoshisetsu, etc.	10:00~12:00	1・8・15・29	6・13
Thursday Classes	TIC Room (7F VITA) *Seisekisakuragaoka	10:00~12:00	4・11・18	2・9・16
		19:00~21:00	4・11・18	2・9・16
Sat. Class	TIC Room (7F VITA) *Seisekisakuragaoka	14:00~16:00	6・13・27	4・11・18

▲ For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Sachiko Mori