

TAMA ECO FIESTA 2020 ~ Promote and revitalize Tama Eco~

The festival focuses on environmental issues where participants can enjoy and experience with their five senses such as through exhibits, presentations and handicrafts. A quiz rally will be held as well. Giveaways are given to those who give the right answers; finishes once the giveaways run out.

▽Date/Time: January 18 (Sat.), 19 (Sun.) 10:00 a.m.~4:30 p.m.

▽Place: Parthenon Tama Citizen's Gallery, Special Exhibition Room, Large Hall's foyer/lobby, etc.

●Exhibit corner=Displaying of participating group activities, school programs and city initiatives, introduction of local goods, etc. ●Presentation corner=Showing of animations "Saving our fragile earth!", "Promise with the earth", etc. ●Handicraft corner=Making coasters with *mekai* knitting, making kaleidoscopes from scrap gas pipes, *bunbun* sesame making, making pen stand holder using plastic wrap's core, making pressed flower cards, etc.

※Outdoor exhibition of fuel-cell vehicles and electric vehicles on the 18th of Jan. 10am~3pm (Cancelled if it rains)

※For details, please refer to the leaflet available at City Hall East Bldg., 1F Environmental Policy Section or through the official website.

▽Organized by: Tama Eco Festa 2020 Project Comm. ▽Supported by: Tama City Board of Education

▽For inquiries: Environmental Policy Section ☎042-338-6831

AIMING FOR ECO-FRIENDLY AND PEOPLE-FRIENDLY SUSTAINABLE URBAN DEVELOPMENT

As to the large or bulky garbage after the year end general cleaning, when disposing them as waste, please make a request for pick-up by calling on the exclusive line *Sodai Gomi Senyo Dial* ☎042-375-9713 beforehand and then purchase the necessary stickers for the large garbage.

▽Inquiries: Garbage Countermeasures Section., ECO Plaza Tama ☎042-338-6836

CHARCOAL MAKING AT IPPONSUGIKOEN (PARK)

The smell and smoke resulting during the charcoal making period could be an inconvenience to the neighboring houses. This charcoal making will be carried out as part of a recycling program, therefore, your kind understanding and cooperation shall be very much appreciated. Those who are interested are welcome to visit the place and participate freely.

▽Packing the kiln with woods (charcoal materials): Sat., Jan. 18 Around 9am~12nn ※The member in-charge will not be around from Sunday, Feb. 19. If it rains on the 19th, it will be postponed.

▽Charcoal burning (combustion): Sat., Feb. 1 around 8am~Wed., Feb. 5 morning ※The member in-charge will stay until noon, Feb. 1st.

▽Taking charcoal out of the kiln: Sun., Feb. 16 around 9am~12nn ▽Place: *Ipponsugi-koen Park* (Southside) charcoal kiln

▽For inquiries: Experience charcoal making workshop ☎090-1106-6055 Yujobo

POCO POCO FIESTA 2020 ~THE TOY BOX OF STAGE ART~

A whole day interesting experience at Parthenon Tama. This is a hands-on program for children to know the stage art, be surprised, be impressed and which could be an exciting experience for them.

▽Date/Time: Sunday, February 9 10:00 a.m.~4:30 p.m.

▽Fee: Child (age 3 & preschoolers) and elem. school students=500 yen, Adult (Jr. high & above)=200 yen

※Note: Each program has limits on the number of participants. Preschool children must be accompanied by their guardians. Selling of tickets starts on Sunday, January 5th.

▽For inquiries: Parthenon Tama ☎042-375-1414

NEWS FOR FOREIGNERS from TAMA CITY LIBRARY (Every odd-numbered month)

【Introduction of a book】The book introduces Japan's unique annual events and sports including cultures such as "janken" and "hanko" that are rooted in daily lives of Japanese. It features more than fifty topics about Japanese culture with illustrations and photographs.

『Introduction to JAPANESE CULTURE』

Author: Daniel Sosnoski Publisher: Charles E. Tuttle Publishing Year published: 1996

CHILDREARING ALLOWANCE: January is the month for payment

Payment is every other month on odd numbered month. The allowance for the months of November and December will be remitted to designated account of recipients in January.

▽Date of remittance: Friday, January 10

※Please inform us if you did not receive it by the end of January.

▽For inquiries: Childrearing Support Section ☎042-338-6851



<SUPPORT ON CHILDREARING/PARENTING> Civic cooperation designated program

INVITING CHILDREN: COME ON EVERYONE!

~ PEEK-A-BOO (A space for playing and gathering) ~

▽Date/Time: January 9 & 23, February 13 & 27, March 12 & 26 Thursdays 10:00 a.m. ~ 4:00 p.m.
(Register until 3:30 p.m.; there might be changes in schedules. A mini-event will be held every time from 11:30 a.m. and 2:30 p.m.)

▽Place: Nagayama Public Hall's Dai-1 & 2 Nursery Rooms

▽Eligible: Preschool children and their guardians

▽Cosponsored by NPO Tama Kodomo Gekijo ※Note: Come directly to the place on the day.
Information on mini-events and annual schedules shall be posted on the official website.

▽For inquiries: Nagayama Public Hall ☎042-337-6661

ROTA OF DOCTORS ON HOLIDAYS 9:00am-5:00pm TAMA CITY DOCTORS ASSO. <http://www.tama-med.or.jp/toban>

1/12 (Sun.) Saito Internal Med. & Respiratory Clinic Rm. 202, 4-2-6 Nagayama ☎042-373-2522

1/13 (Mon./Hol.) Tama Nagayama Takada Clinic
3F Medical Mall Nagayama, 3-6 Kaidori ☎042-400-5145

1/19 (Sun.) Atago Clinic Rm. 205, 4-53-1 Atago ☎042-374-7700

1/26 (Sun.) Abe Tama Center Internal Medicine Clinic
2F Tama Medical Bldg., 1-22-2 Tsurumaki ☎042-373-7755

2/2 (Sun.) Shii no Ki Internal Med. Clinic Dai-5 Shii no Ki Bldg., 6-15-4 Ochiai ☎042-337-5711

2/9 (Sun.) Tama Kazemachi Internal Medicine Clinic
B-100 Brillia Tama Newtown, 2-2 Suwa ☎042-338-6611

*Limited to emergency cases only. *Please phone the clinic before visiting and make sure to visit during clinic hours. *Bring along your health insurance card and the infant healthcare card (if applicable) to the clinic. *There might be changes of clinics on the list.

NIGHT CLINIC FOR CHILDREN (Pediatrics)
(Health Center = Kenko Senta) 19:00-21:45
Children are to first consult here for emergency illness
☎ 042-375-0909



MEDICAL INSTITUTIONS INFORMATION (24-HOURS)
Emergency Tel. Center (Tama Fire Dept.) ☎042-375-9999
Fire Department Emergency Consultation Center
Tel. #7119 (Mobile, PHS, push phone); ☎042-521-2323 (dial phone)
Tokyo Met. Med. Health Info Service (Himawari) ☎ 03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS
(Health Center) Dental care 9:00-15:30 ☎ 042-376-8009
(Sun., public holidays, year-end and New Year holidays)
*Appointment is necessary. Be sure to call first in advance.

MEDICAL INFORMATION IN FOREIGN LANGUAGES
(Tokyo Metropolitan Health and Medical Info Center)
9:00-20:00 ☎03-5285-8181

★**COUNSELING FOR FOREIGNERS** *By appointment basis only! ※Projects entrusted by Tama City
Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA Bldg.)

☆**SCHEDULE OF JAPANESE CLASSES** (TIC members can attend the classes for free)

*Tama Center Class (Monday 11:00-12:50) Cocolia Hall, 7F, Cocolia Tama Ctr. (1/6.20 Parthenon Tama) 1/6.20.27 2/3.10.17

*Nagayama Class (Monday 10:00-12:00) Rm. 302 Higashi Nagayama Fukugo Shisetsu, etc. 1/6.20.27 2/3.10.17

*Sakuragaoka Class (Thursday 10:00-12:00) TIC Rm., 7F, VITA Commune (OPA Bldg.) 1/9.16.23 2/6.13.20

" (Thursday 19:00-21:00) TIC Rm., 7F, VITA Commune (OPA Bldg.) 1/9.16.23 2/6.13.20

" (Saturday 14:00-16:00) TIC Rm., 7F, VITA Commune (OPA Bldg.) 1/11.18.25 2/1.15.29

▲For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Kumiko Murata