

SYSTEMS FOR SINGLE PARENT FAMILIES

(1) Childcare allowance

- ▷Eligible: A mother (father) or a person taking care of the child; the allowance is provided until the end of a fiscal year when the child turns 18 (below 20 years old if the child has permanent disability)
- ▷Amount of subsidy: One child=42,500 yen, 2 children=52,540 yen (an additional of 6,020 yen for the third child & later)
- ※There are changes in the amount of allowance depending on the amount of income.
- ※There is exemption or discount system when purchasing JR commuter pass ticket, issuance of Tokyo metropolitan free pass (ticket), water supply/sewage payment and garbage bag fee
- ※With the partial revision of the Childcare Allowance Act, amount balance with the childcare allowance can be received depending on the amount of public pension

(2) Child rearing allowance

- ▷Eligible: A mother (father) or a person taking care of the child; the allowance is provided until the end of a fiscal year when the child turns 18
- ▷Amount of subsidy: One child = 13,500 yen ※15,500 yen per child in case of taking care of a child aged below 20 years who has permanent disability.
- (3) **Others:** There are also other system such as "Medical expense assistance for single parent family" "Home-help service for single parent family" "Mother-child and father-child welfare fund loan" "Free counseling for single parent family" and "Self-support of single parent family assistance program". Please consult for details.

[Common to above items]

※Each system has qualification requirements, criteria, income limits, etc.

▽Inquiries & Application: Childrearing Support Section ☎042-375-8111

Allowance and medical subsidy = ext. 2521 ~ 2523, Others = ext. 2524 • 2525

ANNOUNCEMENT FROM THE LIBRARY:

About opening of some sections of the library and days closed

※The library will be operating under the new computer system starting Tuesday, July 3.

Along with this, the computer system in all seven city libraries and the administrative reference room will stop due to renewal and replacement of units from Thursday, June 21 to Monday, July 2. Regular services such as lending, making reservation and searching are not available. But some services are available in some sections of the library (see table 1 & 2). Also, lending period from Thursday June 7th to 20th will be four weeks, and the pick-up period for the reserved books from Thursday, June 14th to 20th will be extended to three weeks.

●Table 1: Days open of some sections in the library

6/21 (Thu.)	The whole library building	*Note 1: 6/25 (Mon.) Karakida Library is closed.
6/22 (Fri.) - 26 (Tue)	Some sections are open (Note 1 & 2)	*Note 2: Open hours of some section is the same as regular hours. Closing hours is 5pm.
6/27 (Wed.) & 28 (Thu.)	The whole library building	Administrative reference room will be closed on Sat. & Sun. as usual.
6/29 (Fri.)-7/1 (Sun.)	Some sections are open (Note 2)	
7/2 (Mon.)	The whole library building is closed	

●Table 2: Available Services

▼Available services during partial construction period:

(*) Newspapers, magazines (only materials already recorded on the list), reference materials except those in the restricted area are available for browsing, book drop box

(*) Main library = Browsing corner and study room, Sekido Library = browsing corner, Toyogaoka Library = Study room are available for use.

▼Services not available:

(*) Services that need to use the system functions such as lending, making reservation, requesting, searching from the collection of books, children's books, use of children corner (Changes on some children's books such as classification and rearrangement)

(*) Unit utilized by the user (inside the library OPAC), internet service unit used by the user, use of closed stack materials, copying service

(*) Library website will not be accessible on Wednesday, 6/20 7:30pm

RECYCLING CERAMIC TABLEWARE THAT ARE NO LONGER IN USE

Ceramic tableware which are no longer in use in the household are being collected. These will be ground at a pulverization factory, and reused as materials for making tableware anew.

▽Collecting date/time: Until March 21, 2019; from 10:30am~4:30pm (except on Mondays and New Year holidays)

▽Place: 1F, Eco Nico Center (2-1-1 Karakida) ▽Tableware that can be brought directly: Washed and cleaned tableware made of ceramics. (Tableware used in businesses, with dust or food attached, earthenware, heat-resistant tableware, bone china and those with parts made of glass, metals, and rubber are not acceptable. Please cooperate in answering the questionnaires when you bring in the items. ▶Inquiries: ECO Nico Center ☎042-374-6210

MUSIC GATHERING: A CONCERT at the former Tama Seiseki Memorial Hall, Sakuragaoka Park

A concert of various music genres including Akashi-san-- "mori (forest)" no singer-song writer, harmonica, piano, chorus and more. Have a relaxing time listening to the pleasant music.

▽Date/Time: June 23 (Sat.) 1:00pm~3:00pm ▽Place: Former Tama Seiseki Memorial Hall (※Will be held inside the hall if it rains.)

▽Sponsored by: Tokyo Met. Park Association, Tama City Board of Education

▽Note: Come directly to the venue. ▽Inquiries: Sakuragaoka Park Service Center ☎042-375-1240 Education Promotion Section, City Hall ☎042-338-6883

SPRINTING CLASS FOR CHILDREN TAUGHT BY FORMER JAPANESE RECORD HOLDERS (Learn how to run fast!)

▷Date/Time: June 21 (Thur.) 4:30~5:30 (Will be cancelled, if it rains) ▷Place: Minami-Toyogaoka Field

▷Who can participate: Grade 4 to 6 elementary students ▷Capacity: Limited to 20 persons (A lottery will be held, if the number of applicants exceeds the limit.) ▷Fee: 500 yen

▷Things to bring: towel and drinks ※Wear comfortable clothes for exercise (Spike shoes not allowed)

▷Sponsored by: Tokyo Green Sports Link ▷Instructor: Ms. Yumiko Tokuda (Track & Field Former 800m Japanese record holder and World Athletics Championship delegate)

▽Application: Until Monday, June 18. Website: <https://ws.formzu.net/fgen/S24779519/>

※The result of lottery will be sent only to the successful applicants after Tuesday, June 19.

▽Inquiries: Minami-Toyogaoka Field ☎042-400-5487 (12:00nn to 6:00pm except on Thursdays and Fridays)

ROTA OF DOCTORS ON HOLIDAYS 9:00am-5:00pm TAMA CITY DOCTORS ASSO. <http://www.tama-med.or.jp/toban>

6/17(Sun.)	Yoshizawa Clinic	6-15-25 Ochiai	☎042-373-2340
6/24(Sun.)	Maehara Pediatric Clinic	5F Seisekisakuragaoka OPA, 4-72 Sekido	☎042-374-5028
7/1 (Sun.)	Seiseki Satoh Clinic	1F Annex C, Keio Seiseki Sakuragaoka SC	☎042-337-2715
7/8 (Sun.)	Kaitori-Uchida Clinic	1F Nohburu Kaitori, 1-52-1 Kaidori	☎042-389-3646
7/15(Sun.)	Suzuki Internal Med. & Gastroenterology Clinic	5-4-10 Nagayama	☎042-371-2760
7/16(Sun.)	Miyuki Clinic	1-8-3 Renkoji	☎042-372-4853

*Limited to emergency cases only. *Please phone the clinic before visiting and make sure to visit during clinic hours. *Bring along your health insurance card and the infant healthcare card (if applicable) to the clinic. *There might be changes of clinics on the list.

NIGHT CLINIC FOR CHILDREN (Pediatrics)

(Health Center = Kenko Senta) 19:00-21:45

Children are to first consult here for emergency illness

☎ 042-375-0909



MEDICAL INSTITUTIONS INFORMATION (24-HOURS)

Emergency Tel. Center (Tama Fire Dept.) ☎042-375-9999

Fire Department Emergency Consultation Center

Tel. #7119 (Mobile, PHS, push phone); ☎042-521-2323 (dial phone)

Tokyo Met. Med. Health Info Service (Himawari) ☎ 03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Center) Dental care 9:00-15:30 ☎ 042-376-8009

(Sun., public holidays, year-end and New Year holidays)

* Appointment is necessary. Be sure to call beforehand.

MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)

9:00-20:00 ☎03-5285-8181

★COUNSELING FOR FOREIGNERS *By appointment basis only!

Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA Bldg.)

※Projects entrusted by
Tama City

★SCHEDULE OF JAPANESE CLASSES (TIC members can attend the classes for free)

*Tama Center Class (Monday 11:00-12:50)	Cocolia Hall, 7F, Cocolia Tama Ctr.	6/4.11.18.25	7/2.9
*Nagayama Class (Monday 10:00-12:00) Rm. 302	Higashi Nagayama Fukugo Shisetsu, etc.	6/4.11.18.25	7/2.9
*Sakuragaoka Class (Thursday 10:00-12:00)	TIC Rm., 7F, VITA Commune (OPA Bldg.)	6/7.14.21	7/5.12.19
" (Thursday 19:00-21:00)	TIC Rm., 7F, VITA Commune (OPA Bldg.)	6/7.14.21	7/5.12.19
" (Saturday 14:00-16:00)	TIC Rm., 7F, VITA Commune (OPA Bldg.)	6/9.16.23	7/7.14.21

▲ For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Tsutomu Mogami