

TAMA CENTER SPRING FESTIVAL 2019

IN COMMEMORATION OF THE ESTABLISHMENT OF “HELLO KITTY’S TOWN”

Let us enjoy the spring vacation with our family and friends at Tama Center !

▽Date/Time: Fri., March 22~Sun., March 24 11:00am~6:00pm

※The day and time may vary depending on the event. ※The event or program may change or cancel due to the weather condition.

▽Venue: Parthenon Avenue crossroads in front of Cocolia and its surrounding

▽Program/event: A “Special Greetings” from the Hello Kitty’s Town, Bungee trampoline, Tokyo Verdy Kicking Target, stalls, Tama *Fureai* Festival “Omikoshi”, etc. Please refer to the website for details: <http://www.tamacenter-cm.com/>

▽Tama Center Spring Fiesta 2019 Exec. Comm. Office ☎090(8946)9909 (Weekdays 10am~5pm)

DISTRIBUTING “TAMA CITY GUIDEBOOK” AND “GARBAGE & RECYCLABLES COLLECTION CALENDAR” FOR FISCAL YEAR 2019

“Tama-shi Benri na Hon (Tama City Guidebook)” contains information such as about the city services, procedures and facilities. In addition, it also carries articles concerning community information that introduce the city’s charms. It will be distributed to all households in Tama City, so please contact us if you have not received it within the scheduled period of distribution.

▽Distribution period: From mid to around late March

▽Inquiries: Secretary-Public Relations Section ☎042(338)6812

Also, the “Garbage & Recyclables Collection Calendar (April 2019~March 2020)” is being distributed to all households in Tama City. Please contact us if you have not received the calendar by Sun., March 31.

▽Inquiries: Garbage Control Section (inside the ECO Plaza Tama) ☎042(338)6836

TAMA CITY INTERNATIONAL CENTER EVENT: CHERRY BLOSSOMS VIEWING “OHANAMI”

Please join us and enjoy the beautiful cherry blossoms of Takarano Park. It’s amazing!

▽Date/Time: Sunday, March 31 10:30am~around 2:00pm

▽Walking route: Tama Center Station → Takarano Park

▽Meeting time and place: 10:30am in front of the ticket gate of Odakyu Line Tama Center Station

▽Number of participants: Limited to 30 persons

▽Eligible: Foreign nationals and their companions, TIC members ▽Participation fee: Free

▽Things to bring: Packed lunch (*obento*), drinks and picnic mat

▽Inquiries & application: Apply to Tama City International Center (TIC) by Thursday, March 28

☎042-355-2118 (Tue.~Sat. 10:00am~5:00pm *Closed on holidays)

E-mail tic@kdn.biglobe.ne.jp (put on the subject line “TIC Ohanami”)

WE SUPPORT IN RAISING YOUR CHILDREN !

~PARENTING SUPPORT CENTER “TAMAKKO”~

If you are having worries in raising your child, seek for advice when you feel you need some help.

General Advisory for Children and Family

Consult the *Kosodate Sodan Center* for various kinds of troubles and worries concerning children and family, or anything you care about.

▽Days and time of counseling: Monday~Saturday 9:00am~6:00pm

▽Eligible: Generally 18 yrs. old & below with their family (Consultation is by appointment basis)

▽Exclusive telephone number for counseling: ☎042(355)3777 ※Accepting also consultations for child abuse and reports.

①Children’s Short-stay Program

In this program, child care accommodation service is provided when parent(s) are unable to look after their children temporarily such as when hospitalized due to childbirth, illness and injuries.

Children aged two to twelve years old (elementary grader) can avail the service.

②Children and Family Support Dispatch Program

A supporter is dispatched to provide assistance on housekeeping and childcare to the house of expectant mother or during the one year or less after childbirth and when there is nobody to give her any assistance in day time.

Subject to both ①② ※Please inquire for details. ※As to period, charges and number of times a mother can avail the service are subject to regulations.

▽Application/Inquiries: Kosodate Sogo Center "Tamakko" ☎042 (355) 3833 (Mon.-Sat. *Closed on holidays and year-end & New Year's holiday)

ORIGAMI HIROBA (*Origami, the art of folding paper)

As its getting warmer, gerbera begins to bloom. It's the theme of the origami event, so please join us.

▽Date/Time: Wednesday, March 13 1:00~4:00pm

▽Venue: Sekido Public Hall Gallery ▽Inquiries: Sekido Public Hall ☎042(374)971

THE 12TH TAMA MONORAIL PHOTO CONTEST

Please submit your best photos of Tama Monorail and seasonal landscape along the monorail line.

▽Award: First prize = One person (50,000 yen), etc.

▽Supported by: Tama City, Hachioji City, Tachikawa City, Hino City, Higashi Yamato City

For application details, please refer to the posters or flyers available at each station of Tama Monorail Line and website of Tama Toshi Monorail [HP](https://www.tama-monorail.co.jp/) <https://www.tama-monorail.co.jp/>

▽Application: Send to Tama Toshi Monorail Co., Ltd. "The 12th Tama Monorail Photo Contest" *Kakari* Must be postmarked by Fri. May 31.

▽Inquiries: Tokyo Tama Intercity Monorail Co., Ltd. ☎042(526)7800 (Weekdays 9am~5:45pm)

ROTA OF DOCTORS ON HOLIDAYS 9:00am - 5:00pm TAMA CITY DOCTORS ASSO. <http://www.tama-med.or.jp/toban>

3/17(Sun.)	Watanabe Clinic	5-8-1 Toyogaoka	☎042-371-3321
3/21(Thu./Hol.)	Abe Tama Center Internal Med.	2F Tama Medical Bldg., 1-22-2 Tsurumaki	☎042-373-7755
3/24(Sun.)	Yamazaki Internal Med. Clinic	1F Seisekisakuragaoka Garden House, 4-40-3 Ichinomiya	☎042-372-5588
3/31(Sun.)	Hasegawa Clinic	1-15-11 Kaidori	☎042-337-0166
4/ 7(Sun.)	Seiseki Satoh Clinic	1F C-Annex, Keio Seisekisakuragaoka SC, 1-7-5 Sekido	☎042-337-2715
4/ 14(Sun.)	Takeshima Internal Med. Clinic	3-11-3 Ochiai	☎042-338-5665

*Limited to emergency cases only. *Please phone the clinic before visiting and make sure to visit during clinic hours. *Bring along your health insurance card and the infant healthcare card (if applicable) to the clinic. *There might be changes of clinics on the list.

NIGHT CLINIC FOR CHILDREN (Pediatrics)

(Health Center = Kenko Senta) 19:00-21:45

Children are to first consult here for emergency illness

☎ 042-375-0909



MEDICAL INSTITUTIONS INFORMATION (24-HOURS)

Emergency Tel. Center (Tama Fire Dept.) ☎042-375-9999

Fire Department Emergency Consultation Center

Tel. #7119 (Mobile, PHS, push phone); ☎042-521-2323 (dial phone)

Tokyo Met. Med. Health Info Service (Himawari) ☎ 03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Center) Dental care 9:00-15:30 ☎ 042-376-8009

(Sun., public holidays, year-end and New Year holidays)

* Appointment is necessary. Be sure to call first in advance.

MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)

9:00-20:00 ☎03-5285-8181

★COUNSELING FOR FOREIGNERS *By appointment basis only!

Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA Bldg.)

※Projects entrusted by
Tama City

★SCHEDULE OF JAPANESE CLASSES (TIC members can attend the classes for free)

*Tama Center Class (Monday 11:00-12:50)	Cocolia Hall, 7F, Cocolia Tama Ctr.	3/4.11.18	4/8.15.22
*Nagayama Class (Monday 10:00-12:00) Rm. 302	Higashi Nagayama Fukugo Shisetsu, etc.	3/4.11.18	4/8.15.22
*Sakuragaoka Class (Thursday 10:00-12:00)	TIC Rm., 7F, VITA Commune (OPA Bldg.)	3/7.14	4/11.18.25
"	(Thursday 19:00-21:00) TIC Rm., 7F, VITA Commune (OPA Bldg.)	3/7.14	4/11.18.25
"	(Saturday 14:00-16:00) TIC Rm., 7F, VITA Commune (OPA Bldg.)	3/2.9.16	4/7.14.21

▲For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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E-mail: tic@kdn.biglobe.ne.jp URL: <http://www.tic-tama.jp>

Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Sachiko Mori