

TO PARENTS WHO WANT THEIR CHILDREN TO ENTER DAY-CARE CENTERS AND KINDERGARTENS ACCEPTING APPLICATIONS FOR APRIL 2019

For details such as about application time and method, please refer to the official website of Tama City Office or the 2019 Admission Guidance and Application Forms to be distributed at Childrearing Support Section 2F City Hall, Seiseki Sakuragaoka Station and Tama Center Station city office branches, Nagayama Public Hall, Health Center and at each local childcare support center (a total of seven places).

●Acceptance of Application to Enter Day-Care Centers for Fiscal Year 2019

▷Date: Nov. 1 (Thu.)~9 (Fri.) ※Time varies according to days. ▷Place: 1 & 2 Meeting Rm., West Bldg. City Hall
▷Applicable facilities: Licensed Day Care Centers, Authorized Center for Early Childhood Education and Care, In-house Childcare Facilities, small-scale daycare facilities and daycare facilities in the company

●Inviting New Enrollees for Private Kindergartens for Fiscal Year 2019 (children ages 3 to 5 years)

▷Distribution of admission pamphlet and application forms begins on Monday, October 15.
▷Application accepted from Thursday, November 1.
※Admission pamphlet and forms are distributed and applications are accepted at respective kindergartens. For details, please ask each kindergarten and the Authorized Centers for Early Childhood Education and Care directly.
▽Inquiries: Childrearing Support Section ☎042(338)6850

USEFUL BASIC KNOWLEDGE WHEN WORKING PART-TIME OR AS A CONTRACT WORKER

▽Date: Tue., Nov. 20 and Thu., Nov. 22 ▽Contents & time: Seminar= 1:30pm~3:30pm; Consultation=3:30pm~4:30pm ▽Venue: *Daikaigishitsu*, Sekido Public Hall ▽Eligible: Workers and those who are interested ▽Limited to 60 persons (in order of application) ▽Lecturer: Ms. Reiko Yokoyama, Social Insurance Consultant ▽Nursery Room: Limited to 8 children (Must be 1 yr. old & above and/or preschool children. Application accepted by Thursday, November 8; in order of application) ※Charge for snacks, etc. is 100 yen for a day per child (※Sign language interpreter available. Contact the in-charge 16 days prior to your preferred date.)
▽Co-sponsored by: Tama City, etc. ▽Application & inquiries: From Friday, October 5 to Tokyo Metropolitan Labor Consultation Center- Hachioji Office ☎042(643)0278, Fax 042(645)7185,
Website : <http://www.hataraku.metro.tokyo.jp/seminarform/index/menu/>



NEWS FROM THE CONSUMERS' LIFE ADVISORY CENTER

"I bought a vacuum cleaner by TV shopping channel, but it was heavy and hard to use. I phoned the selling company to return it, but they refused saying that they cannot accept the item since it has already been used." Although online shopping does not have the cooling-off system, the conditions are indicated concerning returning or exchanging of product. In shopping channel, it may be difficult to notice and understand some important matters such as the possibility of returning the product due to limited time, and also because the attention of the shoppers is mostly taken by the introduction of the products and with the feeling like a good bargain on it. When ordering through the shopping channel please make sure to confirm with the operator the conditions and procedures when returning and exchanging the product, how to use and its precautions before buying. In addition, even if there is an indication of non-returnable product, you can ask to return, repair or exchange it, if you found any defect or when a different product is delivered to you.

- ▷ Days of Counseling: Mon.~Fri, 1st & 3rd Sat., ※Closed on 1st & 3rd Thu., holidays & New Year holidays
- ▷ Time of Counseling: 9:30am~12:00nn, 1:00pm~4:00pm
- ▽Inquiries: Consumers' Life Center (Bellebs) ☎042(374)9595

-MEIJI 150 PROJECT- A LECTURE ON CULTURAL ASSETS

How to view Buddha Statues —Learn based on the Buddha Statues in Tama City—

As the year 2018 is a 150th year since the first year of Meiji (1868), lectures on various fields of cultural properties by the members of Tama City Cultural Assets Protection Council will be held. This time is about the "Buddha Statue".

▽Date/Time: Sun., Nov. 28 From 2:00 to around 4:00pm ▽Venue: *Dai-1 Kaigishitsu*, Parthenon Tama

▽Capacity: 100 persons (In order of arrival. Come directly to the venue) ▽Lecturer: Ms. Kazuko Kanamaru (Part-time Lecturer, Tokyo Seitoku University) ▽Sponsored by: Tama City Board of Education, Tama City Cultural Foundation
▽Inquiries: Education Promotion Section ☎042(338)6883, On the day: Parthenon Tama ☎042(375)1414

Nagayama Public Hall's Citizens Project

JAPANESE FOOD COOKING CLASS, IT'S EASY! TRY IT! (A total of 3 lessons)

Experience the basics of Japanese food cooking and hints that are easy to understand include tasting.

▽Date/Time: ① Oct. 21 ② Dec. 9 ③ Feb. 10, 2019 Sunday 10:00am~1:00pm

▽Place: *Chorishitsu*, Consumers' Life Center(Bellebs) ▽Eligible: Those residing, working or studying in Tama City and interested in Japanese food ▽Capacity: Limited to 12 persons (in order of application)

▽Fee: 2,000 yen each (incl. food ingredients) ▽Contents: ① *Iridori*, *kimpira*, *shijimi* soup ② (*Shigureni*) beef and burdock cooked in soy sauce and *mirin*, (*nimono*) pumpkin simmered in soy sauce and seaweed soup ③ *Saikyo* grilled *sawara* (Spanish mackerel), dashi rolls'egg, (*tonjiru*)miso soup with pork and vegetables

▽Teacher: Mr. Nobuo Kato (Licensed cook, Rep. of VITA *Otoko no Kai*)

▽Application/Inquiries: From Sun., Oct. 7 VITA *Otoko no Kai* ☎090(1118)5522

VITA Monthly Concert "THE CHARM OF JAZZ CHORUS"

~The amusement and pleasure when the music changed by composing and arranging it~

▷Date/Time: Friday, Oct. 26 7:00pm (Hall opens 6:30pm) ▷Venue: Sekido Public Hall's VITA Hall

▷Capacity: Limited to 250 persons (In order of arrival. Come directly to the venue) ▷ Performers: Jazz chorus groups = *Chou Fizz*, *Carat Four*, *Keyaki Voice*, *The Chou Cremes*, etc. ▷Selections : It Don't Mean A Thing (If It Ain't Got That Swing), Tennessee Waltz, Take Five, When the Saints Go Marching In, St. Louis Blues, *Furusato*, etc. (plan) ▽Inquiries: Sekido Public Hall ☎042(374)9711

ROTA OF DOCTORS ON HOLIDAYS 9:00am-5:00pm TAMA CITY DOCTORS ASSO. <http://www.tama-med.or.jp/toban>

10/14(Sun.)	Aragaki Internal Med. & Surgery Clinic	3F, Shintoshi Ctr. Bldg., 1-24-1 Tsurumaki	☎042(373)0514
10/21(Sun.)	Karakida <i>Eki-mae</i> Clinic	Rm. 104 Plaza Karakida, 1-1-7 Karakida	☎042(376)3800
10/28(Sun.)	Sasabe Clinic	1 & 2F <i>Confohto</i> Seiseki, 4-9-2 Sekido	☎042(375)7313
11/3(Sun.)	Tama Nagayama Takada Clinic	3F Medical Mall Nagayama, 3-6 Kaidori	☎042(400)5145
11/4(Sun.)	<i>Shii no Ki</i> Internal Med. Clinic	Dai-5 <i>Shii no Ki</i> Bldg., 6-15-4 Ochiai	☎042(337)5711
11/11(Sun.)	Ouchi Internal Medicine Clinic	2F <i>Tohtaru</i> Bldg., 1-2-2 Higashi Terakata	☎042(355)7001

*Limited to emergency cases only. *Please phone the clinic before visiting and make sure to visit during clinic hours. *Bring along your health insurance card and the infant healthcare card (if applicable) to the clinic. *There might be changes of clinics on the list.

NIGHT CLINIC FOR CHILDREN (Pediatrics)

(Health Center = *Kenko Senta*) 19:00-21:45
Children are to first consult here for emergency illness
☎ 042-375-0909



MEDICAL INSTITUTIONS INFORMATION (24-HOURS)

Emergency Tel. Center (Tama Fire Dept.) ☎042-375-9999
Fire Department Emergency Consultation Center
Tel. #7119 (Mobile, PHS, push phone); ☎042-521-2323 (dial phone)
Tokyo Met. Med. Health Info Service (Himawari) ☎ 03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Center) Dental care 9:00-15:30 ☎ 042-376-8009
(Sun., public holidays, year-end and New Year holidays)
*Appointment is necessary. Be sure to call beforehand.

MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)
9:00-20:00 ☎03-5285-8181

★COUNSELING FOR FOREIGNERS *By appointment basis only!

Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA Bldg.)

※Projects entrusted by
Tama City

★SCHEDULE OF JAPANESE CLASSES (TIC members can attend the classes for free)

*Tama Center Class (Monday 11:00-12:50)	Cocolia Hall, 7F, Cocolia Tama Ctr.	10/1.15.22	11/5,12,19,26
*Nagayama Class (Monday 10:00-12:00)	Rm. 302 <i>Higashi Nagayama Fukugo Shisetsu</i> , etc.	10/1.15.22	11/5,12,19,26
*Sakuragaoka Class (Thursday 10:00-12:00)	TIC Rm., 7F, VITA Commune (OPA Bldg.)	10/4.11.18	11/1,8,15,22
"	(Thursday 19:00-21:00) TIC Rm., 7F, VITA Commune (OPA Bldg.)	10/4.11.18	11/1,8,15,22
"	(Saturday 14:00-16:00) TIC Rm., 7F, VITA Commune (OPA Bldg.)	10/13.20.27	11/10,17,24

▲ For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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Prepared & edited by: TAMA CITY INTERNATIONAL CENTER (TIC)

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Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Tsutomu Mogami