

COUNTERMEASURES AGAINST TOKYO INLAND EARTHQUAKES

Be prepared with your family and the community. (A major earthquake is said to hit Tokyo with a 70% probability within the next thirty years.) Let us promote cooperation in our locality in preparation for a large scale disaster.

Evacuees are evacuation staffs managing the evacuation shelters.

~It is necessary to have the spirit of mutual cooperation in the community~

- STEP① Create a voluntary organization for disaster prevention through your local residents organizations and administrative associations. Conduct a disaster prevention drill.
- STEP② Conduct a joint training with multiple voluntary organizations for disaster prevention; meet with other districts to foster cooperative relations and communication; establish a disaster prevention liaison council to serve as a base of mutual cooperation and structure in the local area.
- STEP③ At the disaster prevention liaison meetings, discuss how to confirm the safety of local residents, measures for people with special needs and rules of evacuation shelter management; also, prepare handbook/manual of local disaster countermeasures and evacuation shelter management.
- STEP④ Conduct a drill based on the handbook/manual of disaster countermeasures and evacuation shelter management; verify and update the information and contents.

▽Inquiries: Disaster Prevention and Safety Affairs Section ☎042-338-6802

HEALTH CHECKUP FOR FY 2019 NEW ELEMENTARY SCHOOL STUDENTS

There will be a health checkup for children entering elementary school in fiscal year 2019 in order to assess their physical conditions and give necessary advice to them. The details will be sent by mail in early October.

▽Inquiries: School Support Section ☎042-338-6875

WHAT TO DO IF YOU FIND A BEES' NEST!?

Bees are said to become active from June to September and that's when beehives become relatively large. When you find a hive, you can get rid of the bees using a commercially sold pesticide by yourself, or you may call a professional to do it. Bees are insects that also protect the ecosystem. Please remove them only when they're causing any trouble in your everyday life.

●Introduction of professional exterminator of bees

Tama City does not provide services or subsidy for expenses in removing beehives at private homes. Please ask the Tokyo Pest Control Association for any consultation and introduction of professional exterminators.

※ Removal expenses will be shouldered by the owner of the land/house where the nest of the bees exists. But be extra careful by asking for an estimated cost beforehand so as to avoid any trouble in payment.

※ When you find a beehive in the public place such as roads and parks, please inform the management office of each facility.

▽Inquiries: Environment Policy Section ☎042-338-6831 Tokyo Pest Control Association ☎03(3254)0014

HALLOWEEN IN TAMA CENTER 2018 Participants are invited!

【Common to below events】▽Date: October 27 (Sat.) & 28 (Sun.) ▽Inquiries: Project Committee Office (inside the New Town Center Dev. Co., Ltd.) ☎090(8946)9909 (Weekdays 10:00am~5:00pm)

●HALLOWEEN PARTY ON THE TRAIN

▽Meeting place/time: 10:30am at Tama Monorail Tachikawa Kita Station ticket gate ▽Capacity: 150 persons in each day (Shall be selected by lottery, if there are many applicants) ▽Requirements: Participants should wear Halloween costumes ▽Contents (Plan): Taking commemorative photos with Hello Kitty dressed in Halloween costume, giving away small gifts and trick-or-treat written instruction (participation card) which will be distributed to children only. ▽Application: Send a reply-paid postcard which must arrive by Fri., Sept. 28 ※For details, please refer to the website <http://www.tamajack.com/>

●HALLOWEEN COSTUME PARADE

▽Time: 12:30nn (Registration begins from 12:00nn) ※Cancelled if it rains. ▽Place/Contents: On both days, after completing registration near the entrance of Obirin University Tama Academy Hills, parades at Rengazaka and closes at Sankaku Hiroba. ※Come directly to the registration site. ※Halloween gifts shall be given to the first 500 children who arrive at the venue in each day.

●PRELIMINARY COSTUME CONTEST

▽Time: Registration = 12:00nn Judging = 1:00pm ▽Venue/Contents: Sankaku Hiroba stage. Finalists

will be selected based on the total points given by the judges. ▽Limited to 50 pairs for each day (In order of arrival. Come directly to the venue on the day.) ※The final competition will be held in front of Cocolia Tama at the specially set-up stage in the center of the crossroads on October 28 evening. ※There will be participation awards to all, and great prizes to the finalists. ※If it rains, registration and judging shall be held at Cocolia Hall (7F, Cocolia Tama Center)

TAMA CITY RESIDENTS' SWIMMING CONTEST (AQUA BLUE TAMA)

▽Date/Time: Sunday, November 25 10:30am~4:00pm (Venue opens at 9:00am)

▽Who can join: Elem. school students and above who are residing, working and studying in Tama City; attending a swimming school in the city and must be in good health; groups and individuals with approvals from the organizer. ▽Fee: Individual=500 yen per event Relay event=1 team 1,000 yen (For individuals, up to 3 events per person). The type of events differs from previous years.

▽Application deadline: Wed., Oct. 31 *For details, refer to the website <http://www.tama-pool.org>

▽Inquiries: Aqua Blue Tama ☎042-338-7667

NAGAYAMA WORK PLAZA SUPPORTS YOU IN FINDING JOBS

Nagayama Work Plaza is a branch office of Hello Work Fuchu which is jointly operated by Tama City. The full-time staffs give advices about employment and introduce to companies with job openings. There are ten computers with easy to browse jobs by touching screens. Just select your preferred terms and conditions. Feel free to avail the service.

▽Hours open: 9:00am~5:00pm (Closed on Sat., Sun. and holidays) ▽Place: 1-5 Nagayama (4F, Bellebs Nagayama)

▽Supports mainly on job search, job consultation and introduction, correction of resume and career history, advice about interviews and provide information concerning seminars and interviews organized by Hello Work Fuchu ▽Inquiries: Nagayama Work Plaza ☎042-375-0951

ROTA OF DOCTORS ON HOLIDAYS 9:00am-5:00pm TAMA CITY DOCTORS ASSO. <http://www.tama-med.or.jp/toban>

9/16(Sun.) Takeshima Internal Medicine Clinic 3-11-3 Ochiai ☎042-338-5665

9/17(Mon.,/Hol.) Saito Internal & Respiratory Med. Clinic Rm. 202, 4-2-6 Nagayama ☎042-373-2522

9/23(Sun.) Yahano Internal Med. & Gastroenterology Clinic ☎042-375-7753

6F, Sakuragaoka Tomizawa Bldg., 1-11-9 Sekido

9/24(Mon.,/Hol.) Nagayama Internal Med. Clinic 2F, KTA Bldg., 1426 Kotta ☎042-338-2355

9/30(Sun.) Tama Garden Clinic 3F, Lions Plaza Tama Center, 1-35 Ochiai ☎042-357-3671

10/7 (Sun.) Karakida Kodomo Clinic 2F, Karakida Center Bldg., 1-53-9 Karakida ☎042-355-8505

10/8(Mon.,/Hol.) Miyuki Clinic 1-8-3 Renkoji ☎042-372-4853

*Limited to emergency cases only. *Please phone the clinic before visiting and make sure to visit during clinic hours. *Bring along your health insurance card and the infant healthcare card (if applicable) to the clinic. *There might be changes of clinics on the list.

NIGHT CLINIC FOR CHILDREN (Pediatrics)

(Health Center = Kenko Senta) 19:00-21:45

Children are to first consult here for emergency illness

☎ 042-375-0909



MEDICAL INSTITUTIONS INFORMATION (24-HOURS)

Emergency Tel. Center (Tama Fire Dept.) ☎042-375-9999

Fire Department Emergency Consultation Center

Tel. #7119 (Mobile, PHS, push phone); ☎042-521-2323 (dial phone)

Tokyo Met. Med. Health Info Service (Himawari) ☎ 03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Center) Dental care 9:00-15:30 ☎ 042-376-8009

(Sun., public holidays, year-end and New Year holidays)

*Appointment is necessary. Be sure to call beforehand.

MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)

9:00-20:00 ☎03-5285-8181

★COUNSELING FOR FOREIGNERS *By appointment basis only!

Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA Bldg.)

※Projects entrusted by
Tama City

★SCHEDULE OF JAPANESE CLASSES (TIC members can attend the classes for free)

*Tama Center Class (Monday 11:00-12:50) Cocolia Hall, 7F, Cocolia Tama Ctr. 9/3.10 10/1.15.22

*Nagayama Class (Monday 10:00-12:00) Rm. 302 Higashi Nagayama Fukugo Shisetsu, etc. 9/3.10 10/1.15.22

*Sakuragaoka Class (Thursday 10:00-12:00) TIC Rm., 7F, VITA Commune (OPA Bldg.) 9/6.13.20 10/4.11.18

" (Thursday 19:00-21:00) TIC Rm., 7F, VITA Commune (OPA Bldg.) 9/6.13.20 10/4.11.18

" (Saturday 14:00-16:00) TIC Rm., 7F, VITA Commune (OPA Bldg.) 9/8.15.29 10/13.20.27

▲For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Yumiko Sato