

● Tama City central library to be Grand Opening at 11 AM, on Sat, July 1, 2023!

The Central Library, which opens in Tama Central Park, features a calm space on the first floor and a sense of unity with the park on the second floor. Depending on the purpose of the visitor, in addition to learning and research, you can also enjoy activities with friends and reading at the café.

◆ Central Library Opening Commemorative Lecture

- Keynote Speech "'Regional Creation of Knowledge' and the New Era of Libraries" on July 1 (Sat) 13:00~14:30
Capacity: 50 (If there are many applicants, they will be selected by lottery)
Lecturer: Kunio Yanagida (Non-fiction Writer, Critic)
- Was that so!? Weather Forecast on July 1 (Sat) 15:30~17:30
Capacity: 50 people, elementary school students who live or study in the city (if there are many applicants, they will be selected by lottery) Why about the weather? What? To Easy-to-understand explanation in quiz format (with outdoor observation)
Lecturer: Nobuyuki Hirai (Weather Forecaster, Disaster Prevention Specialist)
- Playing with Words, Enjoying Words on July 2 (Sun) 14:00~16:00
Capacity: 50 people, junior high school students and above (if there are many applicants, they will be selected by lottery) Enjoy words with the author, who has been described as a "magician of words" and "master of word play" Lecturer: Chihiro Ishizu (picture book writer, poet)

There are many other events. For details, please refer to the leaflets distributed and posted at each municipal library or the library / Please visit the city's official website.

Official
Home page



【Inquiry】 Until 6/30 (Fri) Nagayama Library 042-337-6211 From 7/1 (Sat) Central Library ☎042-373-7955

● June is the month for payment of child allowance and child development allowance.

The money will be transferred to the beneficiary's account around Thursday, June 15. Please contact us if the transfer has not been made by Friday, June 30.

◆ Don't forget to submit a status report

We mailed a status notification form to those who need to submit it on June 1. Please be sure to submit it.

How to submit: By Friday, June 30, please complete the online procedure on the official website (only child development allowance is available), send it by mail, or bring it in person to the Childcare Support Division, 2nd floor, 〒206-8666 City Hall

【Inquiry】 Childcare Support Division ☎042-338-6851

● Main office building in June

◆ Saturday and Sunday 10th (Sat) & 25th (Sun) 8:30~12:00、13:00~17:00

Main duties: Issuance of copies of resident certificates, certificates of seal impression, family register certificates, etc. (some operations may not be available)

【Inquiry】 Citizens' Division ☎042-338-6880, etc.

● We will conduct training using disaster prevention administrative radio.

◆ Earthquake Early Warning Transmission Training

Date: Thursday, June 15, around 10 a.m.

Broadcast contents: "Chime + This is Disaster Prevention Tama, we will be broadcasting the drill from now", "Earthquake Early Warning Alarm + Earthquake Early Warning. It was a big earthquake. It was a big earthquake. This is a training broadcast" × 3 times, "This is Disaster Prevention Tama, this will end the training broadcast + chime"

Remarks: Training may be canceled due to weather conditions.

【Inquiry】 Disaster Prevention and Safety Division ☎042-338-6802

● VITA Monthly Concert Viola Piano Duo Concert

Date & Time: Friday, June 23, from 14:00 (doors open at 13:30)

Location: Sekido Community Center Vita Hall

Capacity: 200 people (first-come, first-served basis), go directly to the venue on the day.

Performers: Shion Ariyama (viola), Marii Omori (piano)

Tracks: On Wings of Song (Mendelssohn), Aria on the G Line (Bach), etc.

【Inquiry】 Sekido Kominkan ☎042-374-9711

● Consultation on the new corona

- ◆ Tokyo Metropolitan Government New Corona Consultation Center ☎0120-670-440 (24 hours a day, every day including Saturdays, Sundays, and holidays)
- ◆ Tama City New Corona Telephone Consultation Health Promotion Division ☎042-376-9111 (Mon~Fri 9:00~12:00、13:00~17:00 except holidays)

● Beware of heat stroke!

Heat stroke is caused by staying in a high temperature and humidity environment for a long time, which gradually disrupts the balance of water and salt in the body, and heat is generated in the body. It is a state of muffling.

- ◆ To protect yourself from heat stroke
 - ★ Avoid the heat ★ Replenish water and salt frequently ★ Prepare your body for the heat
 - ★ Manage your health on a daily basis

For details, search for "heat stroke prevention" on the Ministry of Health, Labour and Welfare's "Information and Materials Site for Heat Stroke Prevention" <https://www.mhlw.go.jp/index.html>

【Inquiry】 Health Promotion Division ☎042-376-9111

ROTA OF ON-DUTY DOCTORS ON HOLIDAYS 9am-5pm TAMA CITY DOCTORS ASSO. <http://www.tama-med.or.jp/toban>

6/11 (Sun) Sasabe Clinic	Sekido 4-9-2 Comfort Seiseki 1 st and 2 nd Floor	☎042-375-7313
6/18 (Sun) Fusegawa Clinic	Ochikawa 1329	☎042-373-5858
6/25 (Sun) Takeshima Internal Clinic	Ochiai 3-11-3	☎042- 338-5665
7/2 (Sun) Ai Clinic	Kaidori 1431-3	☎042-375-9581
7/9 (Sun)Tama Nagayama Takada Clinic	Kaidori 3-6, Medical Mall Nagayama 3F	☎042-400-5145

- Emergency cases only ● Be sure to bring your health insurance card and infant healthcare card (if applicable)
- Please visit during clinic hours ※ Always call in advance ※ This list is subject to change

NIGHT CLINIC FOR CHILDREN (Pediatrics)

(Health Center = Kenko Center)

Please visit this clinic first if your child has an emergency (19:00-21:45) ☎ 042-375-0909



INFORMATION ON MEDICAL INSTITUTIONS (24-HOURS)

Emergency Call Center (Tama Fire Dept.) ☎ 042-375-9999
Fire Dept. Emergency Consultation Service #7119 (mobiles, PHS, push-button phones) ☎042-521-2323 (dial-up phones)
Tokyo Met. Med. Health Info Service (Himawari) ☎03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(Health Center) ☎ 042-376-8009

(9:00-15:30: Sundays and public holidays)

* Note: Please call in advance.

MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center) 9:00-20:00 ☎03-5285-8181

☆ **Counseling for Foreign Residents** Every 1st and 3rd Thursday of the month (13:30-16:30) TIC Rm. (7F VITA) * By appointment only

☆ **Japanese Class Schedule** (Classes are free for TIC members)

*Commissioned by Tama City

	Venue	Time	Dates	
			June	July
Monday classes	Parthenon Tama 4F Meeting room 3 & 4	9:45~11:45	5th・12th・19th・26th	3rd・10th
	Nagayama Kominkan 5F Bellebs Hall	9:30~11:30	5th・12th・19th・26th	3rd・10th
Thursday classes	TIC Room (7F VITA Commune)	10:00~12:00	8th・15th・22nd	6th・13th・20th
		19:00~21:00	8th・15th・22nd	6th・13th・20th
Saturday classes	TIC Room (7F VITA Commune)	14:00~16:00	3rd・10th・24th	1st・8th・15th

△ For reservations and inquiries regarding the above, please call the TIC Office Tel. 042-355-2118

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Office hours: Mon.-Fri. 10 a.m. - 5 p.m. Closed Sundays, every 1st & 3rd Monday of the mo., national holidays, year-end and new year holidays and extra holidays.

※ If you have any comments or requests regarding Hand in Hand in Tama, please send them to the above address. This newsletter is available in four languages (Japanese, English, Chinese and Korean) and easy Japanese; please contact the TIC Secretariat if you would like a copy. Editing: Masako Tomita, Translations: Midori Okita