

## ● Tama City Central Library Commemorative Opening Events Vol. 2 Come join us!

**7/30 (Sun.) "Sokaishita 40-mansatsu no tosho" (400,000 Books Evacuated during the war) screening: learn about the mission of libraries during wartime!**

Reservations required. Time: 2-4:30 p.m. Place: Activity Room 1 Capacity: 50 people (first-come, first-served)

Cooperation: The Association for Establishing a Central Library in Tama. Note: there will be time to discuss your impressions after the screening.

**8/5 (Sat.) "War and Peace" (a picture-story show) expressed by elementary, junior-high and high school students**

Reservations required. Time: 10-11:30 a.m. Place: Activity Room 2. Target audience: children aged 5 and over.

Capacity: 25 people (first-come, first-served). Cooperation: Keisen Jogakuen University (KPKA)

**8/6 (Sun.) Nursery Rhymes and Storytime**

No reservations required. Time: 10:30 a.m., 11:05 a.m. (two 25-minute sessions) Place: Ohanashi no heya; Target audience: Children aged 4 and under and their guardians; 10 pairs (first-come, first-served) Cooperation: Tama City Bunko Liaison Council

**8/6 (Sun.) Exciting Summer Storytime**

Reservations required. Time: 2:00-4:00 p.m. Place: Activity Room 1; Target audience: Children aged 5 and over (preschool children must be accompanied by a parent or guardian); Capacity: 15 groups (first-come, first-served; up to 3 people per group); Includes craftwork; Cooperation: Tama City Bunko Liaison Council

**8/13 (Sun.) Enjoy live jazz at the library!**

No reservations required. Time: 2:00-4:00 p.m. Place: Activity Room 1; Cooperation: Chuo University Modern Jazz Alumni

## ● A plea from Tama Fire Dept: Have fun playing but prevent water-related accidents!

With more opportunities to go to the beach, rivers and swimming pools, summer is the season when water-related accidents are most likely to occur. Accidents involving children under 9 years old are the most common, so when playing in the water with young children, be sure to keep a close eye on them, check the weather information and take all necessary precautions to avoid accident. Remember that at the water's edge, the current can suddenly become faster or rapidly increase in depth. Be alert, and have fun playing in the ocean, rivers, and swimming pools.

For more information, call the Fire Prevention & Inspection Division, Tama Fire Dept. 042-375-0119

## ● City Hall is sending out important notices on Long-Term Care Insurance and National Health Insurance

Notices of nursing care insurance premiums for fiscal 2023 will be mailed out in mid-July to those aged 65 and above. In addition, those who are certified as requiring nursing care or support will be mailed a nursing care insurance premium rate certificate by mid-July at the latest.

To those who are enrolled in the National Health Insurance System, your current insurance card is valid until September 30; a new card, which can be used from October 1, will be mailed to you by registered mail during September. If you wish to receive it by a different method because you have submitted a forwarding notice to the post office or are frequently away from home, please contact the Insurance and Pension Section on 042-338-6824 by July 31 (requests received after August 1 will not be accepted).

## ● Visit the Embassy of Iceland and JICA during summer vacation

**Deepen your intercultural understanding and think about the world!**

Date: August 18 (Fri.) 830-17:30; Meeting places: Keio Tama Center Station, Keio Nagayama Station or Seiseki Sakuragaoka Station; Capacity: 20 people (4<sup>th</sup> grade elementary school students to university students); Cost: ¥1,000 (including lunch, insurance, and communication expenses), plus transportation (¥1,300 round trip for adults; approx. ¥650 for elementary school students); Trip includes a visit to JICA (Global Square, plus a talk from overseas cooperation workers about their experiences) and to the Embassy of Iceland (a tour and a talk on the country).

Applications: Send an official postcard stating your name, address, grade, school name, telephone number and questions (Embassy of Iceland/JICA visit) to Tama City International Center, "Embassy Visit Officer", 7F, VITA Commune, 4-72 Sekido, Tama 206-0011. Applications should arrive no later than August 9. Materials will be sent by return (if you do not receive the materials, please contact the TIC Office).

For more information/inquiries, call Tama City International Center 042-355-2118 Email: tic@kdn.biglobe.ne.jp

## ● World Campus in Tama 2023: Host Families and Volunteers Wanted!

Twenty-four students (of high school age and over) from seven countries will come to Tama City. We are looking for host families and volunteer staff for the one-week stay. Please contact us if you are interested in participating in this event (dates: August 6-13). For applications and inquiries, please call the World Campus Tama Executive Committee (Yamashita): 090-9831-7584 URL: <https://world-campus-tama.com/>

## ●City Hall is procuring emergency supplies

Keep disaster prevention supplies in your home in case of disaster (anti-toppling devices for furniture, seismic breakers, fire extinguishers, alpha rice, crackers, preserved water, portable toilets, toilet deodorizers, evacuation sets, multifunctional LED lighting, cassette stoves, etc.)!

Available through March 31, 2024. Sample Exhibits: August 1 – September 1, 2023, 1F Lobby, City Hall (or in front of the Disaster Prevention and Safety Division Section once this period has elapsed).

For details, see the pamphlet. Available at Disaster Prevention and Safety Division, Tama Center Station Branch Office, Nagayama and Sekido Kominkan Community Centers, municipal libraries, senior citizen welfare centers, community centers, Mitaka no Mori, and Renkoji Community Center, or visit the official website. Tama City website ID: 1001555.

For inquiries, call the Disaster Prevention and Safety Division: 042-338-6082 (Fax: 042-371-2008)

## ●Coronavirus-related Advisory Services

Tokyo Metropolitan Coronavirus Call Center 0120-670-440 (24/7, including weekends and public holidays)

Supported languages: Japanese, English, Chinese, Korean, Vietnamese, Tagalog, Nepali, Myanmar, Thai, French, Portuguese and Spanish. Tama City website ID: 1002608

For inquires, call the Health Promotion Division: 042-376-9111

### ROTA OF ON-DUTY DOCTORS ON HOLIDAYS 9:00-17:00 TAMA CITY DOCTORS ASSOC.: <http://www.tama-med.or.jp/toban/>

7/16 (Sun.) Oike Clinic, 2F Total Bldg. 1-2-2 Higashiterakata  
042-355-7001

7/17 (Hol.) Ezaki Pediatric Clinic, 3-20-2 Ochiai 042-376-5225

7/23 (Sun.) Nagayama Clinic, KTA Bldg. 2F, 1426 Nagayama  
042-338-2355

7/30 (Sun.) Karakida Kodomo Clinic 042-355-8505  
Karakida Center Bldg. 2F, 1-53-9 Karakida

8/6 (Sun.) Watanabe Clinic, 5-8-1 Toyogaoka 042-371-3321

8/11 (Hol.) Maehara Pediatrician, OPA 5F, 4-72 Sekido  
042-374-5028

8/13 (Sun.) Hijirigaoka Hospital, 2-69-6 Renkoji  
042-338-8111

- Emergency cases only.
- Be sure to bring your health insurance card and infant healthcare card (if applicable)
- Please visit during clinic hours
- ✂Always call in advance
- ✂This list is subject to change

### NIGHT CLINIC FOR CHILDREN (Pediatrics)

Please visit this clinic first if your child has an emergency.  
(19:00-21:45) 042-375-0909

### EMERGENCY DENTAL TREATMENT ON HOLIDAYS

(9:00-15:30 Sundays & public holidays) 042-376-8009

Note: Please call in advance.



### INFORMATION ON MEDICAL INSTITUTIONS (24/7)

Emergency Call Center (Tama Fire. Dept.) 042-375-9999  
Fire Dept. Emergency Consultation Service #7119 (mobiles, PHS, push-button phones) 042-521-2323 (dial-up phones)  
Tokyo Met. Med. Health Info Service "Himawari" 03-5272-0303

### MEDICAL INFORMATION IN FOREIGN LANGUAGES

(Tokyo Metropolitan Health and Medical Info Center)  
9:00-20:00 03-5285-8181

**Counseling for Foreign Residents** Every 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month (13:30-16:30) TIC Rm. By appointment only.

**Japanese Class Schedule** (Classes are free for TIC members)



Commissioned by  
Tama City

There will be no classes  
during August.

	Venue	Time	Dates	
			July	September
Monday classes	Parthenon Tama 4F, Meeting rooms 3 & 4	9:45-11:45	3 <sup>rd</sup> / 10 <sup>th</sup>	4 <sup>th</sup> / 11 <sup>th</sup> / 25 <sup>th</sup>
	Nagayama Kominkan 5F, BELLEBS Hall	9:30-11:30	3 <sup>rd</sup> / 10 <sup>th</sup>	4 <sup>th</sup> / 11 <sup>th</sup> / 25 <sup>th</sup>
Thursday classes	TIC Room (7F VITA Commune)	10:00-12:00	6 <sup>th</sup> / 13 <sup>th</sup> / 20 <sup>th</sup>	7 <sup>th</sup> / 14 <sup>th</sup> / 21 <sup>st</sup>
		19:00-21:00	6 <sup>th</sup> / 13 <sup>th</sup> / 20 <sup>th</sup>	7 <sup>th</sup> / 14 <sup>th</sup> / 21 <sup>st</sup>
Saturday classes	TIC Room (7F VITA Commune)	14:00-16:00	1 <sup>st</sup> / 8 <sup>th</sup> / 15 <sup>th</sup>	2 <sup>nd</sup> / 9 <sup>th</sup> / 30 <sup>th</sup>

△For reservations and inquiries regarding the above, please call the TIC office: 042-355-2118

Published on the 10<sup>th</sup> of every month by the Culture & Lifelong Learning Promotion Section, Living & Culture Dept. Tama City Hall Tel. 042-338-6882

Prepared & edited by TAMA CITY INTERNATIONAL CENTER (TIC)

TIC Secretariat, 7F, VITA Commune, 4-72 Sekido, Tama 206-0011 Tel. 042-355-2118 FAX 042-355-2104  
E-mail: [tic@kdn.biglobe.ne.jp](mailto:tic@kdn.biglobe.ne.jp) URL: <https://www.tic-tama.jp/>

Office hours: Mon.-Fri. 10 a.m. – 5 p.m. Closed Sundays, every 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month, national holidays, year-end and new-year holidays and extra holidays.

If you have any comments or requests regarding Hand in Hand in TAMA, please send them to the above address.

This newsletter is available in four languages (Japanese, English Chinese, Korean and easy Japanese); please contact the TIC office if you would like a copy. Editing: Tsutomu Mogami Translation: Amanda Wade

