AND in HAND in TAMA Information for daily life in Tama City lar 2023 issue Vol. 353

Tama Center Spring Festa 2023

■Date: March 18th (Sat), 19th (Sun), 21st, (national holiday) From 10AM till 6PM (could be changed) ■ Place: Parthenon Street promenade in front of Cocolia crossroad and surrounding areas.

■Contents: Parthenon Promenade Marche, Events for children, fair (plan). ■Notes: Details can be available at Tama Center area Liaison Council official site: Twitter(@tama kyogikai) ■Contact: Tama Center Spring Festa 2023 Executive Committee Office 2090-8946-9909 (excluding Sat, Sun, Holiday from 10AM till 5PM)

Tama City Tourism Town Development Exchange Council is being active! **Revising original Sakura WEB map!**

16 member companies and organizations related to the city are working to improve the appeal of the city and increase the number of visitors. The cherry blossom web map that can be viewed from smartphones and computers has been updated for Reiwa 5 version. Please use by all means! We are also looking for recommended information related to spring. ■Contact: Economic Tourism Division 2042-338-6909

Thanksgiving Festival of Flower and Greenery! Green Live Center Event before temporary closure

■Dates: ①Mar 4th (Sat) to 31st (Fri) ②25th to 31st (Fri) ■Place: Green Live Center Contents: An event to express our gratitude to the past prior to temporary closure from April 1st (Sat). Flower plants sales, pressed flower postcard making (2)Looking for foster parents for flower seedlings **\blacksquare** Notes: (1)(2) Available numbers are limited **\blacksquare** Application: Go directly to the venue on the day ■Contact: Green Live Center 2042-375-8716

Bocha 2023 TAMA Cup! Why don't you enjoy playing "Bocha", a universal sports with friends and family?

■ Since 2019, we have been working together with local communities and companies on the universal sport of boccia, with the aim of realizing a society where everyone, whether they have disabilities or not, can live actively in their communities. As a culmination of this, we will hold the "Boccia 2023 TAMA Cup," a tournament where everyone can enjoy boccia regardless of age, experience, or disability. There are also participation awards from sponsors. Please join us.

Contact: Bocha 2020 TAMA Cup Executive Committee (Secretariat Sports Promotion Division)

2042-338-6954, FAX042-371-3711■Location: General Gymnasium No.1 Sports Hall

Target: Leader of the team or team of 3-5 People who are either living, working, going school in Tama city

■Max: 30 teams (if there are many applicants, a lottery will be held)

■What to bring: indoor sports shoes, towel. ■Note: Details will be posted on the official website from Sun, March 12, or refer to the application guidelines and entry sheet distributed at the 4th floor Sports Promotion Section, each children's center, and the Education Promotion Section (Bellebs 3rd floor) of the City Hall

■ Application: From March 12th(Sun) to April 20th(Thu), apply online, by facsimile, or directly to the Sports Promotion Section on the official website. Entry sheets can also be accepted at each children's center.

Please support us on the "2023 Turkey/Syria Earthquake Relief Donation"

The city has set up donation boxes at the following public facilities until May 24th (Wed) to support those affected by the Turkey-Syria earthquake disaster that occurred in February. We would like to ask for the warm support. Location of the donation boxes are at (as of Feb 22) Tama City Hall 1F lobby, Tama Center Station city office branch, Nagayama public hall, Tama Volunteer City Activity Support Center (VITA), Niko Industry NSP Kenko Fukushi Plaza.

■Notes: Relief donations will be sent to the Japanese Red Cross Society. Refer to the official website for details. ■Contact: Welfare General Affairs Section ☎ 042-338-6889

Disaster Prevention Class for Foreigners

Fire department personnel will talk about what to do in the event of a fire, earthquake, flood, etc., what to be careful about in your daily life, and how to prepare. You can also listen in English and Chinese.

■Date/Time: March 19th (Sun) 10 AM to noon ■Place: City Hall 301, 302 Meeting Room, Grass field Target: Foreigners living in Tama City and its surrounding areas
Max: 30 (first comes first served)

- Contents: Smoke House, Fire extinguisher experience is planned (it may be changed in case of a rain)
- Notes: For details please refer to Tama City International Center (URL https://www.tic-tama.jp/)
- Application and contact: By March 16th (Thursday), fill in your address, name, and phone number by phone, facsimile, or email, and send it to the Tama City International Center. 2042-355-2118, FAX042-355-2104, Email:tic@kdn.biglobe.ne.jp





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Details





Information from Tama City Library

E-books are available for rent at the Tama City Library. Available to those who live, work, or study in Tama City. First, you need to visit the library and register as a user. After that, please register the password from the library homepage.

<Recommended books for this month>

"Sudsy Mom's Washing Spree" (R.I.C. story chest) *Written and illustrated by Wakiko Sato *Translated by Sako Laughlin" R.I.C Publications 2005.10.

I would like to introduce picture books that have been loved and read by many Japanese children for a long time. This is a hilarious story about a mom who loves laundry and will wash everything. It is often read at story gatherings such as libraries where everyone gathers. The fun is conveyed to foreigners, and I am sure you can enjoy it, too. It comes with CD (The English version of the 1982 edition published by Fukuinkan Shoten)



■Contact: Tama City Library 2042-373-7955

ROTA OF ON-DUTY DOCTORS ON HOLIDAYS 9:00 a.m. – 5:00 p.m. TAMA CITY DOCTORS ASSOCIATION http://www.tama-med.or.jp/toban 3/12 (Sun) Nagayama Internal Medicine Clinic: 1426 KTA Bldg 2F, Kotta **2**042-338-2355 3/19 (Sun) Tama Nagayama Takada Clinic: 3F Medical Mall Nagayama, 3-6 Kaidori **2**042-400-5145 3/21 (Hol) Esaki Children Clinic: 3-20-2 Ochiai 2042-376-5225 3/26 (Sun) Matsuda Clinic: 1-48-1 Kaidori 2042-372-3205 Emergency cases only Be sure to bring your health insurance card and infant healthcare card (if applicable) Please visit during clinic hours XAlways call in advance *This list is subject to change NIGHT CLINIC FOR CHILDREN (Pediatrics) **INFORMATION ON MEDICAL INSTITUTIONS (24-HOURS)** (Health Center = Kenko Center) **Emergency Call Center (Tama Fire Dept.)** Please visit this clinic first if your child has an emergency **2** 042-375-9999 (19:00-21:45) 2 042-375-0909 Fire Dept. Emergency Consultation Service #7119 (mobiles, PHS, push-button phones) 2042-521-2323 (dial-up phones) EMERGENCY DENTAL TREATMENT ON HOLIDAYS Tokyo Met. Med. Health Info Service (Himawari) 203-5272-0303 **2** 042-376-8009 (Health Center) (9:00-15:30: Sundays and public holidays) MEDICAL INFORMATION IN FOREIGN LANGUAGES *Note: Please call in advance. (Tokvo Metropolitan Health and Medical Info Center) 9:00-20:00 203-5285-8181

☆Counseling for Foreign Residents Every 1st and 3rd Thursday of the month (13:30-16:30) TIC Rm. (7F VITA) * By appointment only

	Venue	Time	Dates	
			March	April
Monday classes	Cocolia Tama Center Career Mum Hall Parthenon Tama 3.4F Meeting room	9:45~11:45 10:00~12:00	6th•13th•20th	10th•17th•24th
	Nagayama Kominkan 5F Bellebs Hall	9:30~11:30	6th•13th•20th	10th•17th•24th
Thursday classes	TIC Room (7F VITA Commune)	10:00~12:00	2nd•9th•16th	13th•20th•27tl
		19:00~21:00	2nd · 9th · 16th	13th∙20th•27th
Saturday classes	TIC Room (7F VITA Commune)	14:00~16:00	4th•11th•25th	8th∙15th∙22nd

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Office hours: Mon.-Fri. 10 a.m. - 5 p.m. Closed Sundays, every 1st & 3rd Monday of the mo., national holidays, year-end and new year holidays and extra holidays. %If you have any comments or requests regarding Hand in Hand in Tama, please send them to the above address. This newsletter is available in four languages (Japanese, English, Chinese and Korean); please contact the TIC Secretariat if you would like a copy. Editing: Toshiaki Nagano Translations: Midori