

YOU CAN READ "TAMA KOHO" NEWSLETTER FROM SMARTPHONE APP

● I WANT TO KNOW THE LATEST ARTICLES INFO

○ Tama City Official website

You can access the website by scanning the QR code at the bottom left or right side of *Tama Koho* newsletter. For pages with a link attached to the title, tap it to view additional information

△ Inquiries: Information Policy Section
☎ 042-338-6816

● I WANT ONLY THE INFORMATION I'M INTERESTED IN

○ Tama City Official LINE account: It has the following two main functions. Please register and add as a friend.

△ Search for what you want to know on the talk screen!

Enter the information you want to know on the talk screen and it will respond automatically.

△ Select and receive what you are interested in

We provide a wide range of information such as about the city administrative matters, events, disasters, vaccination and health checkups for children.



Select what you are interested in from the category to automatically receive only the information you need.

COVID VACCINATION

Pre-medical checkup sheet with vaccination ticket for third dose (booster shot) are being sent sequentially

△ Inquiries: COVID Vaccination Call Center ☎ 042-313-7003
(9am to 5pm Mon. thru Sun. including holidays)
※ For people with hearing impairment or having difficulty hearing the phone, please use facsimile: Fax 042-313-7754

Schedule for sending third vaccination (booster shot) tickets.

2 nd vaccination completion date	Arrival date of vaccination tickets	Start date of vaccination
2022 6/1 ~ 8/15	Vaccination tickets have been sent out ※If you have not received your vaccination ticket, please contact the Vaccination Call Center.	Reservations can be made as soon as the vaccination tickets are received.
8/16 ~ 8/31	Same as above	Around Feb. 16 (Wed.)
9/1 ~ 9/15	Around Feb. 17 (Thu.)	Around Mar. 1 (Tue.)

※ Information carried in *Tama Koho* (Jan. 20, 2022 issue) are being updated.

※ The pre-medical checkup sheet is combined with vaccination ticket. The ticket is attached on the upper right corner of the checkup sheet.

VENUE FOR MASS VACCINATIONS

- Nagayama Vaccination site (4F JTB Foresta, 2-1-7 Nagayama)
- Seiseki Sakuragaoka Vaccination site (3F Sakura Gate, Keio Seiseki Sakuragaoka SC, 2-37-3 Sekido)
- Tama Center Vaccination site (5F Tama Ctr. Peperi Bldg., 1-32-1 Ochiai)

To ensure that all eligible persons who wish to receive booster shot can be vaccinated at 6-month intervals, a pre-medical checkup sheet with vaccination ticket will be sent out ahead of schedule.

Eligible Tama City residents aged 18 & above who have completed two doses of vaccination for at least 6 months.

Reservation method Please refer to the notice enclosed with the pre-medical checkup sheet with vaccination ticket.

△ People aged 70 & above: You will be notified of the date and time of vaccination. If you wish to change, please call the Vaccination Call Center or access the reservation website to complete the change procedures.

△ People aged 69 & below: Please make a reservation for the vaccination date and time by yourself to the Vaccination Call Center or reservation website

Vaccination site Mass vaccination = See information on the left. Individual vaccination = Refer to the official website for information on medical institutions in the city where vaccination is held.

INFORMATION RELATED TO CORONAVIRUS

Tama City has set up a COVID Telephone Consultation Service

With the spread of the new coronavirus infection (Omicron strain), the Health Center's nurses in cooperation with the *Hokenjo* (public health center) will provide consultation to those who are worrying about coronavirus, recuperating at home or have a close friend who has been infected with virus.

PLEASE CONSULT IN TIMES LIKE THESE:

Tested positive for coronavirus, but there's no call from the public health center, so I don't know what to do.

My family member has been found to be infected. I haven't heard anything from the public health center, but I would like to get tested.

A close friend of mine or the person I'm working with has been infected with coronavirus. Am I considered to have been in close contact with them?

How long should a person in close contact have to refrain from going out? ...and so on.

△ Inquiries: Health Promotion Section
☎ 042-376-9111

△ Dates: Until Monday, February 28 Monday to Saturday 9:00 a.m. – 5:00 p.m. (Closed on Sun. and holidays)

△ Eligible: Those who live in Tama City and have worries concerning the coronavirus

△ Phone number for consultation ☎ 042-376-9111 (Health Promotion Section)

△ Note: Please say "Shingata corona denwa sodan (Novel coronavirus telephone consultation)" first.

FOR PARENTS/GUARDIAN OF CHILDREN ENTERING THE FIRST GRADE

△Inquiries & submission:
School Support Section ☎042-338-6876

In late January, a school enrollment notice was sent to the parents of children who will enter the first grade of municipal elementary and junior high schools in April 2022, to inform them of the school they will attend and the date and time of the entrance ceremony. If you haven't received it yet, please contact us ASAP. Also, if the child is enrolling in a national, private, or metropolitan school, please submit the original copies of Letter of Consent or Letter of Admission and the Notice of Enrollment as soon as possible (By mail is acceptable).

WHAT WAS SUPPOSED TO BE A LOW COST REPAIR TURNED OUT TO BE AN EXPENSIVE BILL

△Inquiries:
Consumer Affairs Center
(Bellebs) ☎042-374-9595

~Beware of Home Emergency Services~

Problems on emergency services such as clogged toilets and unlocking are increasing. There have been cases where people have called into their house a worker of a company advertising "basic repair fee of 980 yen or more" on a flyer or online advertisement, only to be told one after another that major works had to be done, and then charged hundreds of thousands of yen. Cooling-off may be possible if the written contract is different from what you requested, or if there is a substantial difference in the estimated price at the time of request and the actual billing amount. However, claiming a refund after payment is not easy. In order to deal with urgent incidents, it is important to gather information on reliable companies in advance.

△Days of counseling: Mon.- Fri., 1st & 3rd Sat. (Closed on 1st & 3rd Thu., holidays and year end & beginning)

△Hours of counseling: 9:30 a.m. - 12:00 n.n., 1:00 - 4:00 p.m.

ROTA OF DOCTORS ON HOLIDAYS

9:00 a.m. ~ 5:00 p.m. TAMA CITY DOCTORS ASSOCIATION <http://www.tama-med.or.jp/toban>

2/20 (Sun.) Abe Tama Center Internal Medicine	2F, Tama Medical Bldg., 1-22-2 Tsurumaki	☎042-373-7755
2/23 (Holiday) Aragaki Internal Med. & Surgery Clinic	3F <i>Shintoshi</i> Center Bldg., 1-24-1 Tsurumaki	☎042-373-0514
2/27 (Sun.) Yahano Internal & Gastroenterology Clinic	6F Sakuragaoka Tomizawa Bldg., 1-11-9 Sekido	☎042-356-3761
3/6 (Sun.) Fusegawa Clinic	1329 Ochikawa	☎042-373-5858
3/13 (Sun.) Sasabe Clinic	1 & 2F <i>Confohto</i> Seiseki 4-9-2, Sekido	☎042-375-7313

*Limited to emergency cases only. *Please phone the clinic before visiting and make sure to visit during clinic hours.
*Bring along your health insurance card and the infant healthcare card (if applicable). *Clinics are subject change.

NIGHT CLINIC FOR CHILDREN (Pediatrics)
(Health Center = *Kenko Senta*) 19:00-21:45
Children are to first consult here for emergency illness
☎ 042-375-0909

MEDICAL INSTITUTIONS INFORMATION (24-HOURS)
Emergency Tel. Center (Tama Fire Dept.) ☎042-375-9999
Fire Dept. Emergency Consultation Center Tel. #7119
(Mobile, PHS, push phone); ☎042-521-2323 (dial phone)
Tokyo Med. Health Info Service (Himawari) ☎ 03-5272-0303

EMERGENCY DENTAL TREATMENT ON HOLIDAYS
(Health Ctr.) Dental care 9:00-15:30 ☎ 042-376-8009
(Sun., public holidays and New Year holidays)
*Appointment is necessary.

MEDICAL INFORMATION IN FOREIGN LANGUAGES
(Tokyo Metropolitan Health and Medical Info Center)
9:00-20:00 ☎03-5285-8181

★COUNSELING FOR FOREIGNERS *By appointment basis only!

Every 1st & 3rd Thursdays 13:30-16:30 TIC Room, 7F, VITA Commune (OPA)

※Projects
entrusted by Tama
City

☆SCHEDULE OF JAPANESE CLASSES (TIC members can attend the classes for free)

Classes	Place	Time	Date	
			February	March
Monday Classes	CareerMam Hall (5F Cocolia Tama Center)	10:00~12:00	7・21・28	7・14
	Bellebs Hall, <i>Nagayama Kominkan</i>	9:30~11:30	7・14・21	7・14
Thursday Classes	TIC Room (7F VITA) *Seisekisakuragaoka	10:00~12:00	3・10・17	3・10・17
		19:00~21:00	3・10・17	3・10・17
Sat. Class	TIC Room (7F VITA) *Seisekisakuragaoka	14:00~16:00	No lessons	5・12・26

▲ For above inquiries and reservations, please call TIC Secretariat ☎042-355-2118

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Open from Monday to Saturday 10:00-17:00 (Closed on Sun., 1st & 3rd Mon., New Year holidays and other special holidays)

※If you have any opinions concerning HAND in HAND in TAMA, or if you want a copy of this newsletter which is available in four languages (Japanese, English, Chinese and Hangul), please contact the above. Editing: Tsutomu Mogami